

Readings for the Daily Office

Lent I-3

Year II

Amos 5:6-15 – Seek the LORD and live, or he will break out against the house of Joseph like fire, and it will devour Bethel, with no one to quench it.

Ah, you that turn justice to wormwood, and bring righteousness to the ground!

The one who made the Pleiades and Orion, and turns deep darkness into the morning, and darkens the day into night, who calls for the waters of the sea, and pours them out on the surface of the earth, the LORD is his name, who makes destruction flash out against the strong, so that destruction comes upon the fortress.

They hate the one who reproves in the gate, and they abhor the one who speaks the truth.

Therefore because you trample on the poor and take from them levies of grain, you have built houses of hewn stone, but you shall not live in them; you have planted pleasant vineyards, but you shall not drink their wine.

For I know how many are your transgressions, and how great are your sins— you who afflict the righteous, who take a bribe, and push aside the needy in the gate.

Therefore the prudent will keep silent in such a time; for it is an evil time.

Seek good and not evil, that you may live; and so the LORD, the God of hosts, will be with you, just as you have said.

Hate evil and love good, and establish justice in the gate; it may be that the LORD, the God of hosts, will be gracious to the remnant of Joseph.

Jonah 3:1–4:11 – The word of the LORD came to Jonah a second time, saying, “Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.” So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days’ walk across. Jonah began to go into the city, going a day’s walk. And he cried out, “Forty days more, and Nineveh shall be overthrown!” And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When the news reached the king of Nineveh, he rose from his throne, removed his robe, covered himself with sackcloth, and sat in ashes. Then he had a proclamation made in Nineveh: “By the decree of the king and his nobles: No human being or animal, no herd or flock, shall taste anything. They shall not feed, nor shall they drink water. Human beings and animals shall be covered with sackcloth, and they shall cry mightily to God. All shall turn from their evil ways and from the violence that is in their hands. Who knows? God may relent and change his mind; he may turn from his fierce anger, so that we do not perish.”

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

But this was very displeasing to Jonah, and he became angry. He prayed to the LORD and said, “O LORD! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing. And now, O LORD, please take my life from me, for it is better for me to die than to live.” And the LORD said, “Is it right for you to be angry?” Then Jonah went out of the city and sat down east of the city, and made a booth for himself there. He sat under it in the shade, waiting to see what would become of the city.

The LORD God appointed a bush, and made it come up over Jonah, to give shade over his head, to save him from his discomfort; so Jonah was very happy about the bush. But when dawn came up the next day, God appointed a worm that attacked the bush, so that it withered. When the sun rose, God prepared a sultry

east wind, and the sun beat down on the head of Jonah so that he was faint and asked that he might die. He said, "It is better for me to die than to live."

But God said to Jonah, "Is it right for you to be angry about the bush?" And he said, "Yes, angry enough to die." Then the LORD said, "You are concerned about the bush, for which you did not labor and which you did not grow; it came into being in a night and perished in a night. And should I not be concerned about Nineveh, that great city, in which there are more than a hundred and twenty thousand persons who do not know their right hand from their left, and also many animals?"

Hebrews 12:1-14 – Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart. In your struggle against sin you have not yet resisted to the point of shedding your blood. And you have forgotten the exhortation that addresses you as children— "My child, do not regard lightly the discipline of the Lord, or lose heart when you are punished by him; for the Lord disciplines those whom he loves, and chastises every child whom he accepts."

Endure trials for the sake of discipline. God is treating you as children; for what child is there whom a parent does not discipline? If you do not have that discipline in which all children share, then you are illegitimate and not his children. Moreover, we had human parents to discipline us, and we respected them. Should we not be even more willing to be subject to the Father of spirits and live? For they disciplined us for a short time as seemed best to them, but he disciplines us for our good, in order that we may share his holiness. Now, discipline always seems painful rather than pleasant at the time, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint, but rather be healed.

Pursue peace with everyone, and the holiness without which no one will see the Lord.

Luke 18:9-14 - He also told this parable to some who trusted in themselves that they were righteous and regarded others with contempt: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector. I fast twice a week; I give a tenth of all my income.' But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!' I tell you, this man went down to his home justified rather than the other; for all who exalt themselves will be humbled, but all who humble themselves will be exalted."

From a sermon by Peter Chrysologus, bishop

There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God's ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

Let this be the pattern for all men when they practise mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defence, a threefold united prayer in our favour.

Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: *A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.*

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit.

When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself. You will not be allowed to keep what you have refused to give to others.

THURSDAY 37:1-18 ❖ 37:19-42

Habakkuk 3:1-18 - A prayer of the prophet Habakkuk according to Shigionoth.

O LORD, I have heard of your renown, and I stand in awe, O LORD, of your work. In our own time revive it; in our own time make it known; in wrath may you remember mercy.

God came from Teman, the Holy One from Mount Paran. *Selah.* His glory covered the heavens, and the earth was full of his praise.

The brightness was like the sun; rays came forth from his hand, where his power lay hidden.

Before him went pestilence, and plague followed close behind.

murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

From a sermon by Saint Gregory Nazianzen

Serve Christ in the poor

Blessed are the merciful, because they shall obtain mercy, says the Scripture. Mercy is not the least of the beatitudes. Again: Blessed is he who is considerate to the needy and the poor. Once more: Generous is the man who is merciful and lends. In another place: All day the just man is merciful and lends. Let us lay hold of this blessing, let us earn the name of being considerate, let us be generous.

Not even night should interrupt you in your duty of mercy. Do not say: *Come back and I will give you something tomorrow.* There should be no delay between your intention and your good deed. Generosity is the one thing that cannot admit of delay.

Share your bread with the hungry, and bring the needy and the homeless into your house, with a joyful and eager heart. He who does acts of mercy should do so with cheerfulness. The grace of a good deed is doubled when it is done with promptness and speed. What is given with a bad grace or against one's will is distasteful and far from praiseworthy.

When we perform an act of kindness we should rejoice and not be sad about it. *If you undo the shackles and the thongs, says Isaiah, that is, if you do away with miserliness and counting the cost, with hesitation and grumbling, what will be the result? Something great and wonderful! What a marvellous reward there will be: Your light will break forth like the dawn, and your healing will rise up quickly.* Who would not aspire to light and healing.

If you think that I have something to say, servants of Christ, his brethren and co-heirs, let us visit Christ whenever we may; let us care for him, feed him, clothe him, welcome him, honour him, not only at a meal, as some have done, or by anointing him, as Mary did, or only by lending him a tomb, like Joseph of Arimathaea, or by arranging for his burial, like Nicodemus, who loved Christ half-heartedly, or by giving him gold, frankincense and myrrh, like the Magi before all these others. The Lord of all asks for mercy, not sacrifice, and mercy is greater than myriads of fattened lambs. Let us then show him mercy in the persons of the poor and those who today are lying on the ground, so that when we come to leave this world they may receive us into everlasting dwelling places, in Christ our Lord himself, to whom be glory for ever and ever. Amen.

other gods to serve them and worship them, shall be like this loincloth, which is good for nothing. For as the loincloth clings to one's loins, so I made the whole house of Israel and the whole house of Judah cling to me, says the LORD, in order that they might be for me a people, a name, a praise, and a glory. But they would not listen.

I Corinthians 10:1-13 - I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Mark 7:1-23 - Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me;

in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition."

Then he said to them, "You have a fine way of rejecting the commandment of God in order to keep your tradition! For Moses said, 'Honor your father and your mother'; and, 'Whoever speaks evil of father or mother must surely die.' But you say that if anyone tells father or mother, 'Whatever support you might have had from me is Corban' (that is, an offering to God)—then you no longer permit doing anything for a father or mother, thus making void the word of God through your tradition that you have handed on. And you do many things like this."

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile."

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, "Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?" (Thus he declared all foods clean.) And he said, "It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft,

He stopped and shook the earth; he looked and made the nations tremble. The eternal mountains were shattered; along his ancient pathways the everlasting hills sank low.

I saw the tents of Cushan under affliction; the tent-curtains of the land of Midian trembled.

Was your wrath against the rivers, O LORD? Or your anger against the rivers, or your rage against the sea, when you drove your horses, your chariots to victory? You brandished your naked bow, sated were the arrows at your command. *Selah* You split the earth with rivers.

The mountains saw you, and writhed; a torrent of water swept by; the deep gave forth its voice. The sun raised high its hands; the moon stood still in its exalted place, at the light of your arrows speeding by, at the gleam of your flashing spear.

In fury you trod the earth, in anger you trampled nations.

You came forth to save your people, to save your anointed. You crushed the head of the wicked house, laying it bare from foundation to roof. *Selah*

You pierced with his own arrows the head of his warriors, who came like a whirlwind to scatter us, gloating as if ready to devour the poor who were in hiding.

You trampled the sea with your horses, churning the mighty waters.

I hear, and I tremble within; my lips quiver at the sound. Rottenness enters into my bones, and my steps tremble beneath me. I wait quietly for the day of calamity to come upon the people who attack us.

Though the fig tree does not blossom, and no fruit is on the vines; though the produce of the olive fails and the fields yield no food; though the flock is cut off from the fold and there is no herd in the stalls, yet I will rejoice in the LORD; I will exult in the God of my salvation.

Deut. 7:6-11 - For you are a people holy to the LORD your God; the LORD your God has chosen you out of all the peoples on earth to be his people, his treasured possession.

It was not because you were more numerous than any other people that the LORD set his heart on you and chose you—for you were the fewest of all peoples. It was because the LORD loved you and kept the oath that he swore to your ancestors, that the LORD has brought you out with a mighty hand, and redeemed you from the house of slavery, from the hand of Pharaoh king of Egypt. Know therefore that the LORD your God is God, the faithful God who maintains covenant loyalty with those who love him and keep his commandments, to a thousand generations, and who repays in their own person those who reject him. He does not delay but repays in their own person those who reject him. Therefore, observe diligently the commandment—the statutes, and the ordinances—that I am commanding you today.

Philippians 3:12-21 - Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus. Let those of us then who are mature be of the same mind; and if you think differently about anything, this too God will reveal to you. Only let us hold fast to what we have attained.

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is

destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Savior, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself.

John 17:1-8 - After Jesus had spoken these words, he looked up to heaven and said, "Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

"I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me.

From a Lenten Sermon by Saint Leo the Great, pope

Dear friends, at every moment the earth is full of the mercy of God, and nature itself is a lesson for all the faithful in the worship of God. The heavens, the sea and all that is in them bear witness to the goodness and omnipotence of their Creator, and the marvellous beauty of the elements as they obey him demands from the intelligent creation a fitting expression of its gratitude.

But with the return of that season marked out in a special way by the mystery of our redemption, and of the days that lead up to the paschal feast, we are summoned more urgently to prepare ourselves by a purification of spirit.

The special note of the paschal feast is this: the whole Church rejoices in the forgiveness of sins. It rejoices in the forgiveness not only of those who are then reborn in holy baptism but also of those who are already numbered among God's adopted children.

Initially, men are made new by the rebirth of baptism. Yet there still is required a daily renewal to repair the shortcomings of our mortal nature, and whatever degree of progress has been made there is no one who should not be more advanced. All must therefore strive to ensure that on the day of redemption no one may be found in the sins of his former life.

Dear friends, what the Christian should be doing at all times should be done now with greater care and devotion, so that the Lenten fast enjoined by the apostles may be fulfilled, not simply by abstinence from food but above all by the renunciation of sin.

There is no more profitable practice as a companion to holy and spiritual fasting than that of almsgiving. This embraces under the single name of mercy many excellent works of devotion, so that the good intentions of all the faithful may be of equal value, even where their means are not. The love that we owe both God and man is always free from any obstacle that would prevent us from having a good intention. The angels sang: Glory to God in the highest, and peace to his people on earth. The person who shows love and compassion to those in any kind of affliction is blessed, not only with the virtue of good will but also with the gift of peace.

Notice what follows: *Do not let my cry find a hiding place in you.* The blood that is drunk, the blood of redemption, is itself the cry of our Redeemer. Paul speaks of *the sprinkled blood that calls out more eloquently than Abel's*. Of Abel's blood Scripture had written: *The voice of your brother's blood cries out to me from the earth.* The blood of Jesus calls out more eloquently than Abel's, for the blood of Abel asked for the death of Cain, the fratricide, while the blood of the Lord has asked for, and obtained, life for his persecutors.

If the sacrament of the Lord's passion is to work its effect in us, we must imitate what we receive and proclaim to mankind what we revere. The cry of the Lord finds a hiding place in us if our lips fail to speak of this, though our hearts believe in it. So that his cry may not lie concealed in us it remains for us all, each in his own measure, to make known to those around us the mystery of our new life in Christ.

SATURDAY

Genesis 47:27-48:7 - Thus Israel settled in the land of Egypt, in the region of Goshen; and they gained possessions in it, and were fruitful and multiplied exceedingly. Jacob lived in the land of Egypt seventeen years; so the days of Jacob, the years of his life, were one hundred forty-seven years.

When the time of Israel's death drew near, he called his son Joseph and said to him, "If I have found favor with you, put your hand under my thigh and promise to deal loyally and truly with me. Do not bury me in Egypt. When I lie down with my ancestors, carry me out of Egypt and bury me in their burial place." He answered, "I will do as you have said." And he said, "Swear to me"; and he swore to him. Then Israel bowed himself on the head of his bed.

After this Joseph was told, "Your father is ill." So he took with him his two sons, Manasseh and Ephraim. When Jacob was told, "Your son Joseph has come to you," he summoned his strength and sat up in bed. And Jacob said to Joseph, "God Almighty appeared to me at Luz in the land of Canaan, and he blessed me, and said to me, 'I am going to make you fruitful and increase your numbers; I will make of you a company of peoples, and will give this land to your offspring after you for a perpetual holding.' Therefore your two sons, who were born to you in the land of Egypt before I came to you in Egypt, are now mine; Ephraim and Manasseh shall be mine, just as Reuben and Simeon are. As for the offspring born to you after them, they shall be yours. They shall be recorded under the names of their brothers with regard to their inheritance. For when I came from Paddan, Rachel, alas, died in the land of Canaan on the way, while there was still some distance to go to Ephrath; and I buried her there on the way to Ephrath" (that is, Bethlehem).

Jer. 13:1-11 - Thus said the LORD to me, "Go and buy yourself a linen loincloth, and put it on your loins, but do not dip it in water." So I bought a loincloth according to the word of the LORD, and put it on my loins. And the word of the LORD came to me a second time, saying, "Take the loincloth that you bought and are wearing, and go now to the Euphrates, and hide it there in a cleft of the rock." So I went, and hid it by the Euphrates, as the LORD commanded me. And after many days the LORD said to me, "Go now to the Euphrates, and take from there the loincloth that I commanded you to hide there." Then I went to the Euphrates, and dug, and I took the loincloth from the place where I had hidden it. But now the loincloth was ruined; it was good for nothing.

Then the word of the LORD came to me: Thus says the LORD: Just so I will ruin the pride of Judah and the great pride of Jerusalem. This evil people, who refuse to hear my words, who stubbornly follow their own will and have gone after

became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Do you not know that in a race the runners all compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one. So I do not run aimlessly, nor do I box as though beating the air; but I punish my body and enslave it, so that after proclaiming to others I myself should not be disqualified.

Mark 6:47-56 - When evening came, the boat was out on the sea, and he was alone on the land. When he saw that they were straining at the oars against an adverse wind, he came towards them early in the morning, walking on the sea. He intended to pass them by. But when they saw him walking on the sea, they thought it was a ghost and cried out; for they all saw him and were terrified. But immediately he spoke to them and said, "Take heart, it is I; do not be afraid." Then he got into the boat with them and the wind ceased. And they were utterly astounded, for they did not understand about the loaves, but their hearts were hardened.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

The Moral Reflections on Job by Pope St Gregory the Great

The mystery of our new life in Christ

Holy Job is a type of the Church. At one time he speaks for the body, at another for the head. As he speaks of its members he is suddenly caught up to speak in the name of their head. So it is here, where he says: *I have suffered this without sin on my hands, for my prayer to God was pure.*

Christ suffered without sin on his hands, for he committed no sin and deceit was not found on his lips. Yet he suffered the pain of the cross for our redemption. His prayer to God was pure, his alone out of all mankind, for in the midst of his suffering he prayed for his persecutors: *Father, forgive them, for they do not know what they are doing.*

Is it possible to offer, or even to imagine, a purer kind of prayer than that which shows mercy to one's torturers by making intercession for them? It was thanks to this kind of prayer that the frenzied persecutors who shed the blood of our Redeemer drank it afterward in faith and proclaimed him to be the Son of God.

The text goes on fittingly to speak of Christ's blood: *Earth, do not cover over my blood, do not let my cry find a hiding place in you.* When man sinned, God had said: *Earth you are, and to earth you will return.* Earth does not cover over the blood of our Redeemer, for every sinner, as he drinks the blood that is the price of his redemption, offers praise and thanksgiving, and to the best of his power makes that blood known to all around him.

Earth has not hidden away his blood, for holy Church has preached in every corner of the world the mystery of its redemption.

The works of mercy are innumerable. Their very variety brings this advantage to those who are true Christians, that in the matter of almsgiving not only the rich and affluent but also those of average means and the poor are able to play their part. Those who are unequal in their capacity to give can be equal in the love within their hearts.

FRIDAY 95* & 31 ❖ 35

Ezekiel 18:1-4, 25-32 - The word of the LORD came to me: What do you mean by repeating this proverb concerning the land of Israel, "The parents have eaten sour grapes, and the children's teeth are set on edge"? As I live, says the Lord GOD, this proverb shall no more be used by you in Israel. Know that all lives are mine; the life of the parent as well as the life of the child is mine: it is only the person who sins that shall die.

Yet you say, "The way of the Lord is unfair." Hear now, O house of Israel: Is my way unfair? Is it not your ways that are unfair? When the righteous turn away from their righteousness and commit iniquity, they shall die for it; for the iniquity that they have committed they shall die. Again, when the wicked turn away from the wickedness they have committed and do what is lawful and right, they shall save their life. Because they considered and turned away from all the transgressions that they had committed, they shall surely live; they shall not die. Yet the house of Israel says, "The way of the Lord is unfair." O house of Israel, are my ways unfair? Is it not your ways that are unfair?

Therefore I will judge you, O house of Israel, all of you according to your ways, says the Lord GOD. Repent and turn from all your transgressions; otherwise iniquity will be your ruin. Cast away from you all the transgressions that you have committed against me, and get yourselves a new heart and a new spirit! Why will you die, O house of Israel? For I have no pleasure in the death of anyone, says the Lord GOD. Turn, then, and live.

Deut. 7:12-16 - If you heed these ordinances, by diligently observing them, the LORD your God will maintain with you the covenant loyalty that he swore to your ancestors; he will love you, bless you, and multiply you; he will bless the fruit of your womb and the fruit of your ground, your grain and your wine and your oil, the increase of your cattle and the issue of your flock, in the land that he swore to your ancestors to give you. You shall be the most blessed of peoples, with neither sterility nor barrenness among you or your livestock. The LORD will turn away from you every illness; all the dread diseases of Egypt that you experienced, he will not inflict on you, but he will lay them on all who hate you. You shall devour all the peoples that the LORD your God is giving over to you, showing them no pity; you shall not serve their gods, for that would be a snare to you.

Philippians 4:1-9 - Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

I urge Euodia and I urge Syntyche to be of the same mind in the Lord. Yes, and I ask you also, my loyal companion, help these women, for they have struggled beside me in the work of the gospel, together with Clement and the rest of my co-workers, whose names are in the book of life.

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any

excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

John 17:9-19 - I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth.

From a homily by Saint John Chrysostom

The highest good is prayer and conversation with God, because it means that we are in God's company and in union with him. When light enters our bodily eyes our eyesight is sharpened; when a soul is intent on God, God's inextinguishable light shines into it and makes it bright and clear. I am talking, of course, of prayer that comes from the heart and not from routine: not the prayer that is assigned to particular days or particular moments in time, but the prayer that happens continuously by day and by night.

Indeed the soul should not only turn to God at times of explicit prayer. Whatever we are engaged in, whether it is care for the poor, or some other duty, or some act of generosity, we should remember God and long for God. The love of God will be as salt is to food, making our actions into a perfect dish to set before the Lord of all things. Then it is right that we should receive the fruits of our labors, overflowing onto us through all eternity, if we have been offering them to him throughout our lives.

Prayer is the light of the soul, true knowledge of God, a mediator between God and men. Prayer lifts the soul into the heavens where it hugs God in an indescribable embrace. The soul seeks the milk of God like a baby crying for the breast. It fulfils its own vows and receives in exchange gifts better than anything that can be seen or imagined.

Prayer is a go-between linking us to God. It gives joy to the soul and calms its emotions. I warn you, though: do not imagine that prayer is simply words. Prayer is the desire for God, an indescribable devotion, not given by man but brought about by God's grace. As St Paul says: *For when we cannot choose words in order to pray properly, the Spirit himself intercedes on our behalf in a way that could never be put into words.*

If God gives to someone the gift of such prayer, it is a gift of imperishable riches, a heavenly food that satisfies the spirit. Whoever tastes that food catches fire and his soul burns for ever with desire for the Lord.

did not sell their land. Then Joseph said to the people, "Now that I have this day bought you and your land for Pharaoh, here is seed for you; sow the land. And at the harvests you shall give one-fifth to Pharaoh, and four-fifths shall be your own, as seed for the field and as food for yourselves and your households, and as food for your little ones." They said, "You have saved our lives; may it please my lord, we will be slaves to Pharaoh." So Joseph made it a statute concerning the land of Egypt, and it stands to this day, that Pharaoh should have the fifth. The land of the priests alone did not become Pharaoh's.

Jer. 11:1-8,14-20 - The word that came to Jeremiah from the LORD: Hear the words of this covenant, and speak to the people of Judah and the inhabitants of Jerusalem. You shall say to them, Thus says the LORD, the God of Israel: Cursed be anyone who does not heed the words of this covenant, which I commanded your ancestors when I brought them out of the land of Egypt, from the iron-smelter, saying, Listen to my voice, and do all that I command you. So shall you be my people, and I will be your God, that I may perform the oath that I swore to your ancestors, to give them a land flowing with milk and honey, as at this day. Then I answered, "So be it, LORD."

And the LORD said to me: Proclaim all these words in the cities of Judah, and in the streets of Jerusalem: Hear the words of this covenant and do them. For I solemnly warned your ancestors when I brought them up out of the land of Egypt, warning them persistently, even to this day, saying, Obey my voice. Yet they did not obey or incline their ear, but everyone walked in the stubbornness of an evil will. So I brought upon them all the words of this covenant, which I commanded them to do, but they did not.

As for you, do not pray for this people, or lift up a cry or prayer on their behalf, for I will not listen when they call to me in the time of their trouble. What right has my beloved in my house, when she has done vile deeds? Can vows and sacrificial flesh avert your doom? Can you then exult? The LORD once called you, "A green olive tree, fair with goodly fruit"; but with the roar of a great tempest he will set fire to it, and its branches will be consumed. The LORD of hosts, who planted you, has pronounced evil against you, because of the evil that the house of Israel and the house of Judah have done, provoking me to anger by making offerings to Baal.

It was the LORD who made it known to me, and I knew; then you showed me their evil deeds.

But I was like a gentle lamb led to the slaughter. And I did not know it was against me that they devised schemes, saying, "Let us destroy the tree with its fruit, let us cut him off from the land of the living, so that his name will no longer be remembered!"

But you, O LORD of hosts, who judge righteously, who try the heart and the mind, let me see your retribution upon them, for to you I have committed my cause.

1 Corinthians 9:16-27 - If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I

lifting up their spirit in their own fashion. The birds too rise and lift themselves up to heaven: they open out their wings, instead of hands, in the form of a cross, and give voice to what seems to be a prayer.

What more need be said on the duty of prayer? Even the Lord himself prayed. To him be honor and power for ever and ever. Amen.

FRIDAY

Genesis 47:1-26 - So Joseph went and told Pharaoh, “My father and my brothers, with their flocks and herds and all that they possess, have come from the land of Canaan; they are now in the land of Goshen.” From among his brothers he took five men and presented them to Pharaoh. Pharaoh said to his brothers, “What is your occupation?” And they said to Pharaoh, “Your servants are shepherds, as our ancestors were.” They said to Pharaoh, “We have come to reside as aliens in the land; for there is no pasture for your servants’ flocks because the famine is severe in the land of Canaan. Now, we ask you, let your servants settle in the land of Goshen.” Then Pharaoh said to Joseph, “Your father and your brothers have come to you. The land of Egypt is before you; settle your father and your brothers in the best part of the land; let them live in the land of Goshen; and if you know that there are capable men among them, put them in charge of my livestock.”

Then Joseph brought in his father Jacob, and presented him before Pharaoh, and Jacob blessed Pharaoh. Pharaoh said to Jacob, “How many are the years of your life?” Jacob said to Pharaoh, “The years of my earthly sojourn are one hundred thirty; few and hard have been the years of my life. They do not compare with the years of the life of my ancestors during their long sojourn.” Then Jacob blessed Pharaoh, and went out from the presence of Pharaoh. Joseph settled his father and his brothers, and granted them a holding in the land of Egypt, in the best part of the land, in the land of Rameses, as Pharaoh had instructed. And Joseph provided his father, his brothers, and all his father’s household with food, according to the number of their dependents.

Now there was no food in all the land, for the famine was very severe. The land of Egypt and the land of Canaan languished because of the famine. Joseph collected all the money to be found in the land of Egypt and in the land of Canaan, in exchange for the grain that they bought; and Joseph brought the money into Pharaoh’s house. When the money from the land of Egypt and from the land of Canaan was spent, all the Egyptians came to Joseph, and said, “Give us food! Why should we die before your eyes? For our money is gone.” And Joseph answered, “Give me your livestock, and I will give you food in exchange for your livestock, if your money is gone.” So they brought their livestock to Joseph; and Joseph gave them food in exchange for the horses, the flocks, the herds, and the donkeys. That year he supplied them with food in exchange for all their livestock. When that year was ended, they came to him the following year, and said to him, “We can not hide from my lord that our money is all spent; and the herds of cattle are my lord’s. There is nothing left in the sight of my lord but our bodies and our lands. Shall we die before your eyes, both we and our land? Buy us and our land in exchange for food. We with our land will become slaves to Pharaoh; just give us seed, so that we may live and not die, and that the land may not become desolate.”

So Joseph bought all the land of Egypt for Pharaoh. All the Egyptians sold their fields, because the famine was severe upon them; and the land became Pharaoh’s. As for the people, he made slaves of them from one end of Egypt to the other. Only the land of the priests he did not buy; for the priests had a fixed allowance from Pharaoh, and lived on the allowance that Pharaoh gave them; therefore they

To begin on this path, start by adorning your house with modesty and humility. Make it shine brightly with the light of justice. Decorate it with the gold leaf of good works, with the jewels of faithfulness and greatness of heart. Finally, to make the house perfect, raise a gable above it all, a gable of prayer. Thus you will have prepared a pure and sparkling house for the Lord. Receive the Lord into this royal and splendid dwelling — in other words: receive, by his grace, his image into the temple of your soul.

SATURDAY 30, 32 ❖ 42, 43

Ezekiel 39:21-29 - I will display my glory among the nations; and all the nations shall see my judgment that I have executed, and my hand that I have laid on them. The house of Israel shall know that I am the LORD their God, from that day forward. And the nations shall know that the house of Israel went into captivity for their iniquity, because they dealt treacherously with me. So I hid my face from them and gave them into the hand of their adversaries, and they all fell by the sword. I dealt with them according to their uncleanness and their transgressions, and hid my face from them.

Therefore thus says the Lord GOD: Now I will restore the fortunes of Jacob, and have mercy on the whole house of Israel; and I will be jealous for my holy name. They shall forget their shame, and all the treachery they have practiced against me, when they live securely in their land with no one to make them afraid, when I have brought them back from the peoples and gathered them from their enemies’ lands, and through them have displayed my holiness in the sight of many nations. Then they shall know that I am the LORD their God because I sent them into exile among the nations, and then gathered them into their own land. I will leave none of them behind; and I will never again hide my face from them, when I pour out my spirit upon the house of Israel, says the Lord GOD.

Deut. 7:17-26 - If you say to yourself, “These nations are more numerous than I; how can I dispossess them?” do not be afraid of them. Just remember what the LORD your God did to Pharaoh and to all Egypt, the great trials that your eyes saw, the signs and wonders, the mighty hand and the outstretched arm by which the LORD your God brought you out. The LORD your God will do the same to all the peoples of whom you are afraid. Moreover, the LORD your God will send the pestilence against them, until even the survivors and the fugitives are destroyed. Have no dread of them, for the LORD your God, who is present with you, is a great and awesome God. The LORD your God will clear away these nations before you little by little; you will not be able to make a quick end of them, otherwise the wild animals would become too numerous for you. But the LORD your God will give them over to you, and throw them into great panic, until they are destroyed. He will hand their kings over to you and you shall blot out their name from under heaven; no one will be able to stand against you, until you have destroyed them. The images of their gods you shall burn with fire. Do not covet the silver or the gold that is on them and take it for yourself, because you could be ensnared by it; for it is abhorrent to the LORD your God. Do not bring an abhorrent thing into your house, or you will be set apart for destruction like it. You must utterly detest and abhor it, for it is set apart for destruction.

Philippians 4:10-20 - I rejoice in the Lord greatly that now at last you have revived your concern for me; indeed, you were concerned for me, but had no opportunity to show it. Not that I am referring to being in need; for I have learned to be content with whatever I have. I know what it is to have little, and I

know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. I can do all things through him who strengthens me. In any case, it was kind of you to share my distress.

You Philippians indeed know that in the early days of the gospel, when I left Macedonia, no church shared with me in the matter of giving and receiving, except you alone. For even when I was in Thessalonica, you sent me help for my needs more than once. Not that I seek the gift, but I seek the profit that accumulates to your account. I have been paid in full and have more than enough; I am fully satisfied, now that I have received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. And my God will fully satisfy every need of yours according to his riches in glory in Christ Jesus. To our God and Father be glory forever and ever. Amen.

John 17:20-26 - "I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world.

"Righteous Father, the world does not know you, but I know you; and these know that you have sent me. I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them."

From the treatise Against Heresies by Saint Irenaeus, bishop

The Friendship of God

Our Lord, the Word of God, first drew men to God as servants, but later he freed those made subject to him. He himself testified to this: I do not call you servants any longer, for a servant does not know what his master is doing. Instead I call you friends, since I have made known to you everything that I have learned from my Father. Friendship with God brings the gift of immortality to those who accept it.

In the beginning God created Adam, not because he needed man, but because he wanted to have someone on whom to bestow his blessings. Not only before Adam but also before all creation, the Word was glorifying the Father in whom he dwelt, and was himself being glorified by the Father. The Word himself said: Father, glorify me with that glory I had with you before the world was.

Nor did the Lord need our service. He commanded us to follow him, but his was the gift of salvation. To follow the Saviour is to share in salvation; to follow the light is to enjoy the light. Those who are in the light do not illuminate the light but are themselves illuminated and enlightened by the light. They add nothing to the light; rather, they are beneficiaries, for they are enlightened by the light.

The same is true of service to God: it adds nothing to God, nor does God need the service of man. Rather, he gives life and immortality and eternal glory to those who follow and serve him. He confers a benefit on his servants in return for their service and on his followers in return for their loyalty, but he receives no benefit from them. He is rich, perfect and in need of nothing.

twelve baskets full of broken pieces and of the fish. Those who had eaten the loaves numbered five thousand men.

Immediately he made his disciples get into the boat and go on ahead to the other side, to Bethsaida, while he dismissed the crowd. After saying farewell to them, he went up on the mountain to pray.

From the treatise On Prayer by Tertullian, Priest

The Spiritual Offering of Prayer

Prayer is the offering in spirit that has done away with the sacrifices of old. *What good do I receive from the multiplicity of your sacrifices?* asks God. *I have had enough of burnt offerings of rams, and I do not want the fat of lambs and the blood of bulls and goats. Who has asked for these from your hands?*

What God has asked for we learn from the Gospel. *The hour will come*, he says, *when true worshipers will worship the Father in spirit and in truth. God is a spirit*, and so he looks for worshipers who are like himself.

We are true worshipers and true priests. We pray in spirit, and so offer in spirit the sacrifice of prayer. Prayer is an offering that belongs to God and is acceptable to him: it is the offering he has asked for, the offering he planned as his own.

We must dedicate this offering with our whole heart, we must fatten it on faith, tend it by truth, keep it unblemished through innocence and clean through chastity, and crown it with love. We must escort it to the altar of God in a procession of good works to the sound of psalms and hymns. Then it will gain for us all that we ask of God.

Since God asks for prayer offered in spirit and in truth, how can he deny anything to this kind of prayer? How great is the evidence of its power, as we read and hear and believe.

Of old, prayer was able to rescue from fire and beasts and hunger, even before it received its perfection from Christ. How much greater then is the power of Christian prayer. No longer does prayer bring an angel of comfort to the heart of a fiery furnace, or close up the mouths of lions, or transport to the hungry food from the fields. No longer does it remove all sense of pain by the grace it wins for others. But it gives the armor of patience to those who suffer, who feel pain, who are distressed. It strengthens the power of grace, so that faith may know what it is suffering for the name of God.

In the past prayer was able to bring down punishment, rout armies, withhold the blessing of rain. Now, however, the prayer of the just turns aside the whole anger of God, keeps vigil for its enemies, pleads for persecutors. Is it any wonder that it can call down water from heaven when it could obtain fire from heaven as well? Prayer is the one thing that can conquer God. But Christ has willed that it should work no evil, and has given it all power over good.

Its only art is to call back the souls of the dead from the very journey into death, to give strength to the weak, to heal the sick, to exorcise the possessed, to open prison cells, to free the innocent from their chains. Prayer cleanses from sin, drives away temptations, stamps out persecutions, comforts the fainthearted, gives new strength to the courageous, brings travelers safely home, calms the waves, confounds robbers, feeds the poor, overrules the rich, lifts up the fallen, supports those who are falling, sustains those who stand firm.

All the angels pray. Every creature prays. Cattle and wild beasts pray and bend the knee. As they come from their barns and caves they look up to heaven and call out,

Hear, a noise! Listen, it is coming— a great commotion from the land of the north to make the cities of Judah a desolation, a lair of jackals.

I know, O LORD, that the way of human beings is not in their control, that mortals as they walk cannot direct their steps.

Correct me, O LORD, but in just measure; not in your anger, or you will bring me to nothing.

I Corinthians 9:1-15 - Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are you not my work in the Lord? If I am not an apostle to others, at least I am to you; for you are the seal of my apostleship in the Lord.

This is my defense to those who would examine me. Do we not have the right to our food and drink? Do we not have the right to be accompanied by a believing wife, as do the other apostles and the brothers of the Lord and Cephas? Or is it only Barnabas and I who have no right to refrain from working for a living? Who at any time pays the expenses for doing military service? Who plants a vineyard and does not eat any of its fruit? Or who tends a flock and does not get any of its milk?

Do I say this on human authority? Does not the law also say the same? For it is written in the law of Moses, “You shall not muzzle an ox while it is treading out the grain.” Is it for oxen that God is concerned? Or does he not speak entirely for our sake? It was indeed written for our sake, for whoever plows should plow in hope and whoever threshes should thresh in hope of a share in the crop. If we have sown spiritual good among you, is it too much if we reap your material benefits? If others share this rightful claim on you, do not we still more?

Nevertheless, we have not made use of this right, but we endure anything rather than put an obstacle in the way of the gospel of Christ. Do you not know that those who are employed in the temple service get their food from the temple, and those who serve at the altar share in what is sacrificed on the altar? In the same way, the Lord commanded that those who proclaim the gospel should get their living by the gospel.

But I have made no use of any of these rights, nor am I writing this so that they may be applied in my case. Indeed, I would rather die than that—no one will deprive me of my ground for boasting!

Mark 6:30-46 - The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When it grew late, his disciples came to him and said, “This is a deserted place, and the hour is now very late; send them away so that they may go into the surrounding country and villages and buy something for themselves to eat.” But he answered them, “You give them something to eat.” They said to him, “Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?” And he said to them, “How many loaves have you? Go and see.” When they had found out, they said, “Five, and two fish.” Then he ordered them to get all the people to sit down in groups on the green grass. So they sat down in groups of hundreds and of fifties. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. And all ate and were filled; and they took up

The reason why God requires service from man is this: because he is good and merciful he desires to confer benefits on those who persevere in his service. In proportion to God’s need of nothing is man’s need for communion with God.

This is the glory of man: to persevere and remain in the service of God. For this reason the Lord told his disciples: You did not choose me but I chose you. He meant that his disciples did not glorify him by following him, but in following the Son of God they were glorified by him. As he said: I wish that where I am they also may be, that they may see my glory.

WEEK OF 1 LENT

SUNDAY

Daniel 9:3-10 - Then I turned to the Lord God, to seek an answer by prayer and supplication with fasting and sackcloth and ashes. I prayed to the LORD my God and made confession, saying, “Ah, Lord, great and awesome God, keeping covenant and steadfast love with those who love you and keep your commandments, we have sinned and done wrong, acted wickedly and rebelled, turning aside from your commandments and ordinances. We have not listened to your servants the prophets, who spoke in your name to our kings, our princes, and our ancestors, and to all the people of the land.

“Righteousness is on your side, O Lord, but open shame, as at this day, falls on us, the people of Judah, the inhabitants of Jerusalem, and all Israel, those who are near and those who are far away, in all the lands to which you have driven them, because of the treachery that they have committed against you. Open shame, O LORD, falls on us, our kings, our officials, and our ancestors, because we have sinned against you. To the Lord our God belong mercy and forgiveness, for we have rebelled against him, and have not obeyed the voice of the LORD our God by following his laws, which he set before us by his servants the prophets.

Deut. 8:1-10 - This entire commandment that I command you today you must diligently observe, so that you may live and increase, and go in and occupy the land that the LORD promised on oath to your ancestors. Remember the long way that the LORD your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the LORD. The clothes on your back did not wear out and your feet did not swell these forty years. Know then in your heart that as a parent disciplines a child so the LORD your God disciplines you. Therefore keep the commandments of the LORD your God, by walking in his ways and by fearing him. For the LORD your God is bringing you into a good land, a land with flowing streams, with springs and underground waters welling up in valleys and hills, a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey, a land where you may eat bread without scarcity, where you will lack nothing, a land whose stones are iron and from whose hills you may mine copper. You shall eat your fill and bless the LORD your God for the good land that he has given you.

Hebrews 2:10-18 - It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are

sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, “I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you.”

And again, “I will put my trust in him.” And again, “Here am I and the children whom God has given me.”

Since, therefore, the children share flesh and blood, he himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, and free those who all their lives were held in slavery by the fear of death. For it is clear that he did not come to help angels, but the descendants of Abraham. Therefore he had to become like his brothers and sisters in every respect, so that he might be a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. Because he himself was tested by what he suffered, he is able to help those who are being tested.

John 12:44-50 - Then Jesus cried aloud: “Whoever believes in me believes not in me but in him who sent me. And whoever sees me sees him who sent me. I have come as light into the world, so that everyone who believes in me should not remain in the darkness. I do not judge anyone who hears my words and does not keep them, for I came not to judge the world, but to save the world. The one who rejects me and does not receive my word has a judge; on the last day the word that I have spoken will serve as judge, for I have not spoken on my own, but the Father who sent me has himself given me a commandment about what to say and what to speak. And I know that his commandment is eternal life. What I speak, therefore, I speak just as the Father has told me.”

From a commentary on the psalms by Saint Augustine, bishop

In Christ we suffered temptation, and in him we overcame the Devil

Hear, O God, my petition, listen to my prayer. Who is speaking? An individual, it seems. See if it is an individual: *I cried out to you from the ends of the earth while my heart was in anguish.* Now it is no longer one person; rather, it is one in the sense that Christ is one, and we are all his members. What single individual can cry from the ends of the earth? The one who cries from the ends of the earth is none other than the Son’s inheritance. It was said to him: *Ask of me, and I shall give you the nations as your inheritance, and the ends of the earth as your possession.* This possession of Christ, this inheritance of Christ, this body of Christ, this one Church of Christ, this unity that we are, cries from the ends of the earth. What does it cry? What I said before: *Hear, O God, my petition, listen to my prayer; I cried out to you from the ends of the earth.* That is, I made this cry to you from the ends of the earth; that is, on all sides. Why did I make this cry? *While my heart was in anguish.* The speaker shows that he is present among all the nations of the earth in a condition, not of exalted glory but of severe trial.

Our pilgrimage on earth cannot be exempt from trial. We progress by means of trial. No one knows himself except through trial, or receives a crown except after victory, or strives except against an enemy or temptations.

The one who cries from the ends of the earth is in anguish, but is not left on his own. Christ chose to foreshadow us, who are his body, by means of his body, in which he has died, risen and ascended into heaven, so that the members of his body may hope to follow where their head has gone before.

He made us one with him when he chose to be tempted by Satan. We have heard in the gospel how the Lord Jesus Christ was tempted by the devil in the wilderness. Certainly Christ was tempted by the devil. In Christ you were tempted, for Christ received his flesh from your nature, but by his own power

THURSDAY

Genesis 46:1-7, 28-34 - When Israel set out on his journey with all that he had and came to Beer-sheba, he offered sacrifices to the God of his father Isaac. God spoke to Israel in visions of the night, and said, “Jacob, Jacob.” And he said, “Here I am.” Then he said, “I am God, the God of your father; do not be afraid to go down to Egypt, for I will make of you a great nation there. I myself will go down with you to Egypt, and I will also bring you up again; and Joseph’s own hand shall close your eyes.”

Then Jacob set out from Beer-sheba; and the sons of Israel carried their father Jacob, their little ones, and their wives, in the wagons that Pharaoh had sent to carry him. They also took their livestock and the goods that they had acquired in the land of Canaan, and they came into Egypt, Jacob and all his offspring with him, his sons, and his sons’ sons with him, his daughters, and his sons’ daughters; all his offspring he brought with him into Egypt.

Israel sent Judah ahead to Joseph to lead the way before him into Goshen. When they came to the land of Goshen, Joseph made ready his chariot and went up to meet his father Israel in Goshen. He presented himself to him, fell on his neck, and wept on his neck a good while. Israel said to Joseph, “I can die now, having seen for myself that you are still alive.” Joseph said to his brothers and to his father’s household, “I will go up and tell Pharaoh, and will say to him, ‘My brothers and my father’s household, who were in the land of Canaan, have come to me. The men are shepherds, for they have been keepers of livestock; and they have brought their flocks, and their herds, and all that they have.’ When Pharaoh calls you, and says, ‘What is your occupation?’ you shall say, ‘Your servants have been keepers of livestock from our youth even until now, both we and our ancestors’—in order that you may settle in the land of Goshen, because all shepherds are abhorrent to the Egyptians.”

Jer. 10:11-24 - Thus shall you say to them: The gods who did not make the heavens and the earth shall perish from the earth and from under the heavens.

It is he who made the earth by his power, who established the world by his wisdom, and by his understanding stretched out the heavens.

When he utters his voice, there is a tumult of waters in the heavens, and he makes the mist rise from the ends of the earth. He makes lightnings for the rain, and he brings out the wind from his storehouses.

Everyone is stupid and without knowledge; goldsmiths are all put to shame by their idols; for their images are false, and there is no breath in them.

They are worthless, a work of delusion; at the time of their punishment they shall perish.

Not like these is the LORD, the portion of Jacob, for he is the one who formed all things, and Israel is the tribe of his inheritance; the LORD of hosts is his name.

Gather up your bundle from the ground, O you who live under siege!

For thus says the LORD: I am going to sling out the inhabitants of the land at this time, and I will bring distress on them, so that they shall feel it.

Woe is me because of my hurt! My wound is severe. But I said, “Truly this is my punishment, and I must bear it.”

My tent is destroyed, and all my cords are broken; my children have gone from me, and they are no more; there is no one to spread my tent again, and to set up my curtains.

For the shepherds are stupid, and do not inquire of the LORD; therefore they have not prospered, and all their flock is scattered.

wish, and I will give it.” And he solemnly swore to her, “Whatever you ask me, I will give you, even half of my kingdom.” She went out and said to her mother, “What should I ask for?” She replied, “The head of John the baptizer.” Immediately she rushed back to the king and requested, “I want you to give me at once the head of John the Baptist on a platter.” The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John’s head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

From the book addressed to Autolycus by Saint Theophilus of Antioch, bishop

Blessed are the clean of heart, for they will see God

If you say, “Show me your God,” I will say to you, “Show me what kind of person you are, and I will show you my God.” Show me then whether the eyes of your mind can see, and the ears of your heart hear.

It is like this. Those who can see with the eyes of their bodies are aware of what is happening in this life on earth. They get to know things that are different from each other. They distinguish light and darkness, black and white, ugliness and beauty, elegance and inelegance, proportion and lack of proportion, excess and defect. The same is true of the sounds we hear: high or low or pleasant. So it is with the ears of our heart and the eyes of our mind in their capacity to hear or see God.

God is seen by those who have the capacity to see him, provided that they keep the eyes of their mind open. All have eyes, but some have eyes that are shrouded in darkness, unable to see the light of the sun. Because the blind cannot see it, it does not follow that the sun does not shine. The blind must trace the cause back to themselves and their eyes. In the same way, you have eyes in your mind that are shrouded in darkness because of your sins and evil deeds.

A person’s soul should be clean, like a mirror reflecting light. If there is rust on the mirror his face cannot be seen in it. In the same way, no one who has sin within him can see God.

But if you will you can be healed. Hand yourself over to the doctor, and he will open the eyes of your mind and heart. Who is to be the doctor? It is God, who heals and gives life through his Word and wisdom. Through his Word and wisdom he created the universe, for *by his Word the heavens were established, and by his Spirit all their array*. His wisdom is supreme. *God by wisdom founded the earth, by understanding he arranged the heavens, by his knowledge the depths broke forth and the clouds poured out the dew*.

If you understand this, and live in purity and holiness and justice, you may see God. But, before all, faith and the fear of God must take the first place in your heart, and then you will understand all this. When you have laid aside mortality and been clothed in immortality, then you will see God according to your merits. God raises up your flesh to immortality along with your soul, and then, once made immortal, you will see the immortal One, if you believe in him now.

gained salvation for you; he suffered death in your nature, but by his own power gained glory for you; therefore, he suffered temptation in your nature, but by his own power gained victory for you.

If in Christ we have been tempted, in him we overcome the devil. Do you think only of Christ’s temptations and fail to think of his victory? See yourself as tempted in him, and see yourself as victorious in him. He could have kept the devil from himself; but if he were not tempted he could not teach you how to triumph over temptation.

MONDAY

Genesis 37:1-11 - Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Billah and Zilpah, his father’s wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Once Joseph had a dream, and when he told it to his brothers, they hated him even more. He said to them, “Listen to this dream that I dreamed. There we were, binding sheaves in the field. Suddenly my sheaf rose and stood upright; then your sheaves gathered around it, and bowed down to my sheaf.” His brothers said to him, “Are you indeed to reign over us? Are you indeed to have dominion over us?” So they hated him even more because of his dreams and his words.

He had another dream, and told it to his brothers, saying, “Look, I have had another dream: the sun, the moon, and eleven stars were bowing down to me.” But when he told it to his father and to his brothers, his father rebuked him, and said to him, “What kind of dream is this that you have had? Shall we indeed come, I and your mother and your brothers, and bow to the ground before you?” So his brothers were jealous of him, but his father kept the matter in mind.

Deut. 8:11-20 - Take care that you do not forget the LORD your God, by failing to keep his commandments, his ordinances, and his statutes, which I am commanding you today. When you have eaten your fill and have built fine houses and live in them, and when your herds and flocks have multiplied, and your silver and gold is multiplied, and all that you have is multiplied, then do not exalt yourself, forgetting the LORD your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrible wilderness, an arid wasteland with poisonous snakes and scorpions. He made water flow for you from flint rock, and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good. Do not say to yourself, “My power and the might of my own hand have gotten me this wealth.” But remember the LORD your God, for it is he who gives you power to get wealth, so that he may confirm his covenant that he swore to your ancestors, as he is doing today. If you do forget the LORD your God and follow other gods to serve and worship them, I solemnly warn you today that you shall surely perish. Like the nations that the LORD is destroying before you, so shall you perish, because you would not obey the voice of the LORD your God.

1 Corinthians 1:1-19 - Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind— just as the testimony of Christ has been strengthened among you— so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

Mark 1:1-13 - The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, "See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,'"

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

O that my head were a spring of water, and my eyes a fountain of tears, so that I might weep day and night for the slain of my poor people!

O that I had in the desert a traveler's lodging place, that I might leave my people and go away from them! For they are all adulterers, a band of traitors.

They bend their tongues like bows; they have grown strong in the land for falsehood, and not for truth; for they proceed from evil to evil, and they do not know me, says the LORD.

Beware of your neighbors, and put no trust in any of your kin; for all your kin are supplanters, and every neighbor goes around like a slanderer.

They all deceive their neighbors, and no one speaks the truth; they have taught their tongues to speak lies; they commit iniquity and are too weary to repent.

Oppression upon oppression, deceit upon deceit! They refuse to know me, says the LORD.

1 Corinthians 8:1-13 - Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Mark 6:13-29 - They cast out many demons, and anointed with oil many who were sick and cured them.

King Herod heard of it, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you

Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: *A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.*

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit.

When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself. You will not be allowed to keep what you have refused to give to others.

WEDNESDAY

Genesis 45:16-28 - When the report was heard in Pharaoh's house, "Joseph's brothers have come," Pharaoh and his servants were pleased. Pharaoh said to Joseph, "Say to your brothers, 'Do this: load your animals and go back to the land of Canaan. Take your father and your households and come to me, so that I may give you the best of the land of Egypt, and you may enjoy the fat of the land.' You are further charged to say, 'Do this: take wagons from the land of Egypt for your little ones and for your wives, and bring your father, and come. Give no thought to your possessions, for the best of all the land of Egypt is yours.'"

The sons of Israel did so. Joseph gave them wagons according to the instruction of Pharaoh, and he gave them provisions for the journey. To each one of them he gave a set of garments; but to Benjamin he gave three hundred pieces of silver and five sets of garments. To his father he sent the following: ten donkeys loaded with the good things of Egypt, and ten female donkeys loaded with grain, bread, and provision for his father on the journey. Then he sent his brothers on their way, and as they were leaving he said to them, "Do not quarrel along the way."

So they went up out of Egypt and came to their father Jacob in the land of Canaan. And they told him, "Joseph is still alive! He is even ruler over all the land of Egypt." He was stunned; he could not believe them. But when they told him all the words of Joseph that he had said to them, and when he saw the wagons that Joseph had sent to carry him, the spirit of their father Jacob revived. Israel said, "Enough! My son Joseph is still alive. I must go and see him before I die."

Jer. 8:18-9:6 - My joy is gone, grief is upon me, my heart is sick.

Hark, the cry of my poor people from far and wide in the land: "Is the LORD not in Zion? Is her King not in her?" ("Why have they provoked me to anger with their images, with their foreign idols?")

"The harvest is past, the summer is ended, and we are not saved."

For the hurt of my poor people I am hurt, I mourn, and dismay has taken hold of me.

Is there no balm in Gilead? Is there no physician there? Why then has the health of my poor people not been restored?

From a Sermon by Saint Gregory Nazianzen

Let us show each other God's generosity

Recognise to whom you owe the fact that you exist, that you breathe, that you understand, that you are wise, and, above all, that you know God and hope for the kingdom of heaven and the vision of glory, now darkly as in a mirror but then with greater fullness and purity. You have been made a son of God, co-heir with Christ. Where did you get all this, and from whom?

Let me turn to what is of less importance: the visible world around us. What benefactor has enabled you to look out upon the beauty of the sky, the sun in its course, the circle of the moon, the countless number of stars, with the harmony and order that are theirs, like the music of a harp? Who has blessed you with rain, with the art of husbandry, with different kinds of food, with the arts, with houses, with laws, with states, with a life of humanity and culture, with friendship and the easy familiarity of kinship?

Who has given you dominion over animals, those that are tame and those that provide you with food? Who has made you lord and master of everything on earth? In short, who has endowed you with all that makes man superior to all other living creatures?

Is it not God who asks you now in your turn to show yourself generous above all other creatures and for the sake of all other creatures? Because we have received from him so many wonderful gifts, will we not be ashamed to refuse him this one thing only, our generosity? Though he is God and Lord he is not afraid to be known as our Father. Shall we for our part repudiate those who are our kith and kin?

Brethren and friends, let us never allow ourselves to misuse what has been given us by God's gift. If we do, we shall hear Saint Peter say: *Be ashamed of yourselves for holding on to what belongs to someone else. Resolve to imitate God's justice, and no one will be poor.* Let us not labour to heap up and hoard riches while others remain in need. If we do, the prophet Amos will speak out against us with sharp and threatening words: *Come now, you that say: When will the new moon be over, so that we may start selling? When will the sabbath be over, so that we may start opening our treasures?*

Let us put into practice the supreme and primary law of God. He sends down rain on just and sinful alike, and causes the sun to rise on all without distinction. To all earth's creatures he has given the broad earth, the springs, the rivers and the forests. He has given the air to the birds, and the waters to those who live in the water. He has given abundantly to all the basic needs of life, not as a private possession, not restricted by law, not divided by boundaries, but as common to all, amply and in rich measure. His gifts are not deficient in any way, because he wanted to give equality of blessing to equality of worth, and to show the abundance of his generosity.

TUESDAY

Genesis 37:12-24 - Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." He answered, "Here I am." So he said to him, "Go now, see if it is well with your brothers and with the flock; and bring word back to me." So he sent him from the valley of Hebron. He came to Shechem, and a man found him wandering in the fields; the man asked him, "What are you seeking?" "I am seeking my brothers," he said; "tell me, please, where they are pasturing the flock." The man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to

them, they conspired to kill him. They said to one another, “Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams.” But when Reuben heard it, he delivered him out of their hands, saying, “Let us not take his life.” Reuben said to them, “Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him”—that he might rescue him out of their hand and restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it.

Deut. 9:4-12 - When the LORD your God thrusts them out before you, do not say to yourself, “It is because of my righteousness that the LORD has brought me in to occupy this land”; it is rather because of the wickedness of these nations that the LORD is dispossessing them before you. It is not because of your righteousness or the uprightness of your heart that you are going in to occupy their land; but because of the wickedness of these nations the LORD your God is dispossessing them before you, in order to fulfill the promise that the LORD made on oath to your ancestors, to Abraham, to Isaac, and to Jacob.

Know, then, that the LORD your God is not giving you this good land to occupy because of your righteousness; for you are a stubborn people. Remember and do not forget how you provoked the LORD your God to wrath in the wilderness; you have been rebellious against the LORD from the day you came out of the land of Egypt until you came to this place.

Even at Horeb you provoked the LORD to wrath, and the LORD was so angry with you that he was ready to destroy you. When I went up the mountain to receive the stone tablets, the tablets of the covenant that the LORD made with you, I remained on the mountain forty days and forty nights; I neither ate bread nor drank water. And the LORD gave me the two stone tablets written with the finger of God; on them were all the words that the LORD had spoken to you at the mountain out of the fire on the day of the assembly. At the end of forty days and forty nights the LORD gave me the two stone tablets, the tablets of the covenant. Then the LORD said to me, “Get up, go down quickly from here, for your people whom you have brought from Egypt have acted corruptly. They have been quick to turn from the way that I commanded them; they have cast an image for themselves.”

1 Corinthians 1:20-31 - Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and

If anyone thinks that he is not behaving properly toward his fiancée, if his passions are strong, and so it has to be, let him marry as he wishes; it is no sin. Let them marry. But if someone stands firm in his resolve, being under no necessity but having his own desire under control, and has determined in his own mind to keep her as his fiancée, he will do well. So then, he who marries his fiancée does well; and he who refrains from marriage will do better.

A wife is bound as long as her husband lives. But if the husband dies, she is free to marry anyone she wishes, only in the Lord. But in my judgment she is more blessed if she remains as she is. And I think that I too have the Spirit of God.

Mark 6:1-13 - He left that place and came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

From a sermon by Saint Peter Chrysologus, bishop

Prayer knocks, fasting obtains, mercy receives

There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God’s ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

Let this be the pattern for all men when they practise mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defence, a threefold united prayer in our favour.

he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.' And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here." Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Jer. 7:21-34 - Thus says the LORD of hosts, the God of Israel: Add your burnt offerings to your sacrifices, and eat the flesh. For in the day that I brought your ancestors out of the land of Egypt, I did not speak to them or command them concerning burnt offerings and sacrifices. But this command I gave them, "Obey my voice, and I will be your God, and you shall be my people; and walk only in the way that I command you, so that it may be well with you." Yet they did not obey or incline their ear, but, in the stubbornness of their evil will, they walked in their own counsels, and looked backward rather than forward. From the day that your ancestors came out of the land of Egypt until this day, I have persistently sent all my servants the prophets to them, day after day; yet they did not listen to me, or pay attention, but they stiffened their necks. They did worse than their ancestors did.

So you shall speak all these words to them, but they will not listen to you. You shall call to them, but they will not answer you. You shall say to them: This is the nation that did not obey the voice of the LORD their God, and did not accept discipline; truth has perished; it is cut off from their lips.

Cut off your hair and throw it away; raise a lamentation on the bare heights, for the LORD has rejected and forsaken the generation that provoked his wrath.

For the people of Judah have done evil in my sight, says the LORD; they have set their abominations in the house that is called by my name, defiling it. And they go on building the high place of Topheth, which is in the valley of the son of Hinnom, to burn their sons and their daughters in the fire—which I did not command, nor did it come into my mind. Therefore, the days are surely coming, says the LORD, when it will no more be called Topheth, or the valley of the son of Hinnom, but the valley of Slaughter: for they will bury in Topheth until there is no more room. The corpses of this people will be food for the birds of the air, and for the animals of the earth; and no one will frighten them away. And I will bring to an end the sound of mirth and gladness, the voice of the bride and bridegroom in the cities of Judah and in the streets of Jerusalem; for the land shall become a waste.

I Corinthians 7:32-40 - I want you to be free from anxieties. The unmarried man is anxious about the affairs of the Lord, how to please the Lord; but the married man is anxious about the affairs of the world, how to please his wife, and his interests are divided. And the unmarried woman and the virgin are anxious about the affairs of the Lord, so that they may be holy in body and spirit; but the married woman is anxious about the affairs of the world, how to please her husband. I say this for your own benefit, not to put any restraint upon you, but to promote good order and unhindered devotion to the Lord.

redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Mark 1:14-28 - Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

From a treatise on the Lord's Prayer by Saint Cyprian, bishop and martyr

He has given us life: he has also taught us how to pray

Dear brothers, the commands of the Gospel are nothing else than God's lessons, the foundations on which to build up hope, the supports for strengthening faith, the food that nourishes the heart. They are the rudder for keeping us on the right course, the protection that keeps our salvation secure. As they instruct the receptive minds of believers on earth, they lead safely to the kingdom of heaven. God willed that many things should be said by the prophets, his servants, and listened to by his people. How much greater are the things spoken by the Son. These are now witnessed to by the very Word of God who spoke through the prophets. The Word of God does not now command us to prepare the way for his coming: he comes in person and opens up the way for us and directs us toward it. Before, we wandered in the darkness of death, aimlessly and blindly. Now we are enlightened by the light of grace, and are to keep to the highway of life, with the Lord to precede and direct us.

The Lord has given us many counsels and commandments to help us toward salvation. He has even given us a pattern of prayer, instructing us on how we are to pray. He has given us life, and with his accustomed generosity, he has also taught us how to pray. He has made it easy for us to be heard as we pray to the Father in the words taught us by the Son.

He had already foretold that the hour was coming when true worshippers would worship the Father in spirit and in truth. He fulfilled what he had promised before, so that we who have received the spirit and the truth through the holiness he has given us may worship in truth and in the spirit through the prayer he has taught.

What prayer could be more a prayer in the spirit than the one given us by Christ, by whom the Holy Spirit was sent upon us? What prayer could be more a prayer in the truth than the one spoken by the lips of the Son, who is truth himself? It

follows that to pray in any other way than the Son has taught us is not only the result of ignorance but of sin. He himself has commanded it, and has said: You reject the command of God, to set up your own tradition.

So, my brothers, let us pray as God our master has taught us. To ask the Father in words his Son has given us, to let him hear the prayer of Christ ringing in his ears, is to make our prayer one of friendship, a family prayer. Let the Father recognise the words of his Son. Let the Son who lives in our hearts be also on our lips. We have him as an advocate for sinners before the Father; when we ask forgiveness for our sins, let us use the words given by our advocate. He tells us: Whatever you ask the Father in my name, he will give you. What more effective prayer could we then make in the name of Christ than in the words of his own prayer?

WEDNESDAY

Genesis 37:25-36 - Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh." And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

When Reuben returned to the pit and saw that Joseph was not in the pit, he tore his clothes. He returned to his brothers, and said, "The boy is gone; and I, where can I turn?" Then they took Joseph's robe, slaughtered a goat, and dipped the robe in the blood. They had the long robe with sleeves taken to their father, and they said, "This we have found; see now whether it is your son's robe or not." He recognized it, and said, "It is my son's robe! A wild animal has devoured him; Joseph is without doubt torn to pieces." Then Jacob tore his garments, and put sackcloth on his loins, and mourned for his son many days. All his sons and all his daughters sought to comfort him; but he refused to be comforted, and said, "No, I shall go down to Sheol to my son, mourning." Thus his father bewailed him. Meanwhile the Midianites had sold him in Egypt to Potiphar, one of Pharaoh's officials, the captain of the guard.

Deut. 9:13-21 - Furthermore the LORD said to me, "I have seen that this people is indeed a stubborn people. Let me alone that I may destroy them and blot out their name from under heaven; and I will make of you a nation mightier and more numerous than they."

So I turned and went down from the mountain, while the mountain was ablaze; the two tablets of the covenant were in my two hands. Then I saw that you had indeed sinned against the LORD your God, by casting for yourselves an image of a calf; you had been quick to turn from the way that the LORD had commanded you. So I took hold of the two tablets and flung them from my two hands, smashing them before your eyes. Then I lay prostrate before the LORD as before, forty days and forty nights; I neither ate bread nor drank water, because of all the sin you had committed, provoking the LORD by doing what was evil in his sight. For I was afraid that the anger that the LORD bore against you was so fierce that he would destroy you. But the LORD listened to me that time also. The LORD was so angry with Aaron that he was ready to destroy him, but I interceded also on behalf of Aaron at that same time. Then I took the sinful thing you had made, the calf, and burned it with fire and crushed it, grinding it thoroughly, until it was

He strictly ordered them that no one should know this, and told them to give her something to eat.

From a homily by Saint Basil the Great, bishop

Boast only of the Lord

The wise man must not boast of his wisdom, nor the strong man of his strength, nor the rich man of his riches. What then is the right kind of boasting? What is the source of man's greatness? Scripture says: The man who boasts must boast of this, that He knows and understands that I am the Lord. Here is man's greatness, here is man's glory and majesty: to know in truth what is great, to hold fast to it, and to seek glory from the Lord of glory. The Apostle tells us: The man who boasts must boast of the Lord. He has just said: Christ was appointed by God to be our wisdom, our righteousness, our sanctification, our redemption, so that, as it is written, a man who boasts must boast of the Lord.

Boasting of God is perfect and complete when we take no pride in our own righteousness but acknowledge that we are utterly lacking in true righteousness and have been made righteous only by faith in Christ.

Paul boasts of the fact that he holds his own righteousness in contempt and seeks the righteousness in faith that comes through Christ and is from God. He wants only to know Christ and the power of his resurrection and to have fellowship with his sufferings by taking on the likeness of his death, in the hope that somehow he may arrive at the resurrection of the dead.

Here we see all overweening pride laid low. Humanity, there is nothing left for you to boast of, for your boasting and hope lie in putting to death all that is your own and seeking the future life that is in Christ. Since we have its first fruits we are already in its midst, living entirely in the grace and gift of God.

It is God who is active within us, giving us both the will and the achievement, in accordance with his good purpose. Through his Spirit, God also reveals his wisdom in the plan he has preordained for our glory.

God gives power and strength in our labours. *I have toiled harder than all the others, Paul says, but it is not I but the grace of God, which is with me.*

God rescues us from dangers beyond all human expectation. *We felt within ourselves that we had received the sentence of death, so that we might not trust ourselves but in God, who raises the dead; from so great a danger did he deliver us, and does deliver us; we hope in him, for he will deliver us again.*

TUESDAY

Genesis 45:1-15 - Then Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God;

abominations? Has this house, which is called by my name, become a den of robbers in your sight? You know, I too am watching, says the LORD. Go now to my place that was in Shiloh, where I made my name dwell at first, and see what I did to it for the wickedness of my people Israel. And now, because you have done all these things, says the LORD, and when I spoke to you persistently, you did not listen, and when I called you, you did not answer, therefore I will do to the house that is called by my name, in which you trust, and to the place that I gave to you and to your ancestors, just what I did to Shiloh. And I will cast you out of my sight, just as I cast out all your kinsfolk, all the offspring of Ephraim.

I Corinthians 7:25-31 - Now concerning virgins, I have no command of the Lord, but I give my opinion as one who by the Lord's mercy is trustworthy. I think that, in view of the impending crisis, it is well for you to remain as you are. Are you bound to a wife? Do not seek to be free. Are you free from a wife? Do not seek a wife. But if you marry, you do not sin, and if a virgin marries, she does not sin. Yet those who marry will experience distress in this life, and I would spare you that. I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Mark 5:21-43 - When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, "My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live." So he went with him. And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement.

reduced to dust; and I threw the dust of it into the stream that runs down the mountain.

I Corinthians 2:1-13 - When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Mark 1:29-45 - As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

A leper came to him begging him, and kneeling he said to him, "If you choose, you can make me clean." Moved with pity, Jesus stretched out his hand and touched him, and said to him, "I do choose. Be made clean!" Immediately the leprosy left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer for your cleansing what Moses commanded, as a testimony to them." But he went out and began to proclaim it freely, and to spread the word, so that Jesus could no longer go into a town openly, but stayed out in the country; and people came to him from every quarter.

From a demonstration by Aphraates, bishop

Circumcision of the heart

Law and covenant have been entirely changed. God changed the first pact with Adam, and gave a new one to Noah. He gave another to Abraham, and changed this to give a new one to Moses. When the covenant with Moses was no longer observed, he gave another pact in this last age, a pact never again to be changed. He established a new law for Adam, that he could not eat of the tree of life. He gave to Noah the sign of the rainbow in the clouds. He then gave Abraham, chosen for his faith, the mark and seal of circumcision for his descendants. Moses was given the Passover lamb, the propitiation for the people.

All these covenants were different from each other. Moreover, the circumcision that is approved by the giver of those covenants is the kind of spoken of by Jeremiah: *Circumcise your hearts*. If God's pact with Abraham was firm, so also is this covenant firm and trustworthy, nor can any other law be laid down, whether it originates outside the law or among those subject to the law.

God gave Moses a law together with his prescriptions and precepts, and when it was no longer kept, he made the law and its precepts of no avail. He promised a new covenant, different from the first, though the giver of both is one and the same. This is the covenant that he promised: *All shall know me from the least to the greatest*. In this covenant there is no longer any circumcision of the flesh, any seal upon the people.

We know, dearly beloved, that God established different laws in different generations which were in force as long as it pleased him. Afterward they were made obsolete. In the words of the apostle: *In former times the kingdom of God existed in each generation under different signs*.

Moreover, our God is truthful and his commandments are most trustworthy. Every covenant was proved firm and trustworthy in its own time, and those who have been circumcised in heart are brought to life and receive a second circumcision beside the true Jordan, the waters of baptism that bring forgiveness of sins.

Jesus, son of Nun, renewed the people's circumcision with a knife of stone when he had crossed the Jordan with the Israelites. Jesus, our Saviour, renews the circumcision of the heart for the nations who have believed in him and are washed by baptism: circumcision by *the sword of his word, sharper than any two-edged sword*.

Jesus, son of Nun, led the people across the Jordan into the promised land. Jesus, our Saviour, has promised the land of the living to all who have crossed the true Jordan, and have believed and are circumcised in heart.

Blessed, then, are those who are circumcised in heart, and have been reborn in water through the second circumcision. They will receive their inheritance with Abraham, the faithful leader and father of all nations, for his faith was credited to him for righteousness.

THURSDAY

Genesis 39:1-23 - Now Joseph was taken down to Egypt, and Potiphar, an officer of Pharaoh, the captain of the guard, an Egyptian, bought him from the Ishmaelites who had brought him down there. The LORD was with Joseph, and he became a successful man; he was in the house of his Egyptian master. His master saw that the LORD was with him, and that the LORD caused all that he did to prosper in his hands. So Joseph found favor in his sight and attended him; he made him overseer of his house and put him in charge of all that he had. From the time that he made him overseer in his house and over all that he had, the LORD blessed the Egyptian's house for Joseph's sake; the blessing of the LORD

house?

He was promising the Holy Spirit in satisfying abundance. She did not yet understand. In her failure to grasp his meaning, what was her reply? *The woman says to him: Master, give me this drink, so that I may feel no thirst or come here to draw water*. Her need forced her to this labour, her weakness shrank from it. If only she could hear those words: *Come to me, all who labour and are burdened, and I will refresh you*. Jesus was saying this to her, so that her labours might be at an end; but she was not yet able to understand.

MONDAY

Genesis 44:18-34 - Then Judah stepped up to him and said, "O my lord, let your servant please speak a word in my lord's ears, and do not be angry with your servant; for you are like Pharaoh himself. My lord asked his servants, saying, 'Have you a father or a brother?' And we said to my lord, 'We have a father, an old man, and a young brother, the child of his old age. His brother is dead; he alone is left of his mother's children, and his father loves him.' Then you said to your servants, 'Bring him down to me, so that I may set my eyes on him.' We said to my lord, 'The boy cannot leave his father, for if he should leave his father, his father would die.' Then you said to your servants, 'Unless your youngest brother comes down with you, you shall see my face no more.' When we went back to your servant my father we told him the words of my lord. And when our father said, 'Go again, buy us a little food,' we said, 'We cannot go down. Only if our youngest brother goes with us, will we go down; for we cannot see the man's face unless our youngest brother is with us.' Then your servant my father said to us, 'You know that my wife bore me two sons; one left me, and I said, Surely he has been torn to pieces; and I have never seen him since. If you take this one also from me, and harm comes to him, you will bring down my gray hairs in sorrow to Sheol.' Now therefore, when I come to your servant my father and the boy is not with us, then, as his life is bound up in the boy's life, when he sees that the boy is not with us, he will die; and your servants will bring down the gray hairs of your servant our father with sorrow to Sheol. For your servant became surety for the boy to my father, saying, 'If I do not bring him back to you, then I will bear the blame in the sight of my father all my life.' Now therefore, please let your servant remain as a slave to my lord in place of the boy; and let the boy go back with his brothers. For how can I go back to my father if the boy is not with me? I fear to see the suffering that would come upon my father."

Jer. 7:1-15 - The word that came to Jeremiah from the LORD: Stand in the gate of the LORD'S house, and proclaim there this word, and say, Hear the word of the LORD, all you people of Judah, you that enter these gates to worship the LORD. Thus says the LORD of hosts, the God of Israel: Amend your ways and your doings, and let me dwell with you in this place. Do not trust in these deceptive words: "This is the temple of the LORD, the temple of the LORD, the temple of the LORD."

For if you truly amend your ways and your doings, if you truly act justly one with another, if you do not oppress the alien, the orphan, and the widow, or shed innocent blood in this place, and if you do not go after other gods to your own hurt, then I will dwell with you in this place, in the land that I gave of old to your ancestors forever and ever.

Here you are, trusting in deceptive words to no avail. Will you steal, murder, commit adultery, swear falsely, make offerings to Baal, and go after other gods that you have not known, and then come and stand before me in this house, which is called by my name, and say, "We are safe!"—only to go on doing all these

Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness.

John 5:25-29 - “Very truly, I tell you, the hour is coming, and is now here, when the dead will hear the voice of the Son of God, and those who hear will live. For just as the Father has life in himself, so he has granted the Son also to have life in himself; and he has given him authority to execute judgment, because he is the Son of Man. Do not be astonished at this; for the hour is coming when all who are in their graves will hear his voice and will come out—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.

From a treatise on John by Saint Augustine, bishop

A Samaritan woman came to draw water

A woman came. She is a symbol of the Church not yet made righteous. Righteousness follows from the conversation. She came in ignorance, she found Christ, and he enters into conversation with her. Let us see what it is about, let us see why *a Samaritan woman came to draw water.* The Samaritans did not form part of the Jewish people: they were foreigners. The fact that she came from a foreign people is part of the symbolic meaning, for she is a symbol of the Church. The Church was to come from the Gentiles, of a different race from the Jews.

We must then recognise ourselves in her words and in her person, and with her give our own thanks to God. She was a symbol, not the reality; she foreshadowed the reality, and the reality came to be. She found faith in Christ, who was using her as a symbol to teach us what was to come. *She came then to draw water.* She had simply come to draw water; in the normal way of man or woman.

Jesus says to her: Give me water to drink. For his disciples had gone to the city to buy food. The Samaritan woman therefore says to him: How is it that you, though a Jew, ask me for water to drink, though I am a Samaritan woman? For Jews have nothing to do with Samaritans.

The Samaritans were foreigners; Jews never used their utensils. The woman was carrying a pail for drawing water. She was astonished that a Jew should ask her for a drink of water, a thing that Jews would not do. But the one who was asking for a drink of water was thirsting for her faith.

Listen now and learn who it is that asks for a drink. *Jesus answered her and said: If you knew the gift of God, and who it is that is saying to you, “Give me a drink,” perhaps you might have asked him and he would have given you living water.*

He asks for a drink, and he promises a drink. He is in need, as one hoping to receive, yet he is rich, as one about to satisfy the thirst of others. He says: *If you knew the gift of God.* The gift of God is the Holy Spirit. But he is still using veiled language as he speaks to the woman and gradually enters into her heart. Or is he already teaching her? What could be more gentle and kind than the encouragement he gives? *If you knew the gift of God, and who it is that is saying to you, “Give me a drink,” perhaps you might ask and he would give you living water.*

What is this water that he will give if not the water spoken of in Scripture: *With you is the fountain of life?* How can those feel thirst who will drink deeply from the abundance in your

was on all that he had, in house and field. So he left all that he had in Joseph's charge; and, with him there, he had no concern for anything but the food that he ate. Now Joseph was handsome and good-looking. And after a time his master's wife cast her eyes on Joseph and said, “Lie with me.” But he refused and said to his master's wife, “Look, with me here, my master has no concern about anything in the house, and he has put everything that he has in my hand. He is not greater in this house than I am, nor has he kept back anything from me except yourself, because you are his wife. How then could I do this great wickedness, and sin against God?” And although she spoke to Joseph day after day, he would not consent to lie beside her or to be with her. One day, however, when he went into the house to do his work, and while no one else was in the house, she caught hold of his garment, saying, “Lie with me!” But he left his garment in her hand, and fled and ran outside. When she saw that he had left his garment in her hand and had fled outside, she called out to the members of her household and said to them, “See, my husband has brought among us a Hebrew to insult us! He came in to me to lie with me, and I cried out with a loud voice; and when he heard me raise my voice and cry out, he left his garment beside me, and fled outside.” Then she kept his garment by her until his master came home, and she told him the same story, saying, “The Hebrew servant, whom you have brought among us, came in to me to insult me; but as soon as I raised my voice and cried out, he left his garment beside me, and fled outside.”

When his master heard the words that his wife spoke to him, saying, “This is the way your servant treated me,” he became enraged. And Joseph's master took him and put him into the prison, the place where the king's prisoners were confined; he remained there in prison. But the LORD was with Joseph and showed him steadfast love; he gave him favor in the sight of the chief jailer. The chief jailer committed to Joseph's care all the prisoners who were in the prison, and whatever was done there, he was the one who did it. The chief jailer paid no heed to anything that was in Joseph's care, because the LORD was with him; and whatever he did, the LORD made it prosper.

Deut. 9:23-10:5 - And when the LORD sent you from Kadesh-barnea, saying, “Go up and occupy the land that I have given you,” you rebelled against the command of the LORD your God, neither trusting him nor obeying him. You have been rebellious against the LORD as long as he has known you.

Throughout the forty days and forty nights that I lay prostrate before the LORD when the LORD intended to destroy you, I prayed to the LORD and said, “Lord GOD, do not destroy the people who are your very own possession, whom you redeemed in your greatness, whom you brought out of Egypt with a mighty hand. Remember your servants, Abraham, Isaac, and Jacob; pay no attention to the stubbornness of this people, their wickedness and their sin, otherwise the land from which you have brought us might say, ‘Because the LORD was not able to bring them into the land that he promised them, and because he hated them, he has brought them out to let them die in the wilderness.’ For they are the people of your very own possession, whom you brought out by your great power and by your outstretched arm.”

At that time the LORD said to me, “Carve out two tablets of stone like the former ones, and come up to me on the mountain, and make an ark of wood. I will write on the tablets the words that were on the former tablets, which you smashed, and you shall put them in the ark.” So I made an ark of acacia wood, cut two tablets of stone like the former ones, and went up the mountain with the two tablets in my hand. Then he wrote on the tablets the same words as before, the ten commandments that the LORD had spoken to you on the mountain out of the fire on the day of the assembly; and the LORD gave them to me. So I turned and

came down from the mountain, and put the tablets in the ark that I had made; and there they are, as the LORD commanded me.

1 Corinthians 2:14-3:15 - Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

"For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it. For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw—the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done. If what has been built on the foundation survives, the builder will receive a reward. If the work is burned up, the builder will suffer loss; the builder will be saved, but only as through fire.

Mark 2:1-12 - When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?" At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, "Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up and take your mat and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, stand up, take your mat and go to your home." And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, "We have never seen anything like this!"

when you overtake them, say to them, 'Why have you returned evil for good? Why have you stolen my silver cup? Is it not from this that my lord drinks? Does he not indeed use it for divination? You have done wrong in doing this.'

When he overtook them, he repeated these words to them. They said to him, "Why does my lord speak such words as these? Far be it from your servants that they should do such a thing! Look, the money that we found at the top of our sacks, we brought back to you from the land of Canaan; why then would we steal silver or gold from your lord's house? Should it be found with any one of your servants, let him die; moreover the rest of us will become my lord's slaves." He said, "Even so; in accordance with your words, let it be: he with whom it is found shall become my slave, but the rest of you shall go free." Then each one quickly lowered his sack to the ground, and each opened his sack. He searched, beginning with the eldest and ending with the youngest; and the cup was found in Benjamin's sack. At this they tore their clothes. Then each one loaded his donkey, and they returned to the city.

Judah and his brothers came to Joseph's house while he was still there; and they fell to the ground before him. Joseph said to them, "What deed is this that you have done? Do you not know that one such as I can practice divination?" And Judah said, "What can we say to my lord? What can we speak? How can we clear ourselves? God has found out the guilt of your servants; here we are then, my lord's slaves, both we and also the one in whose possession the cup has been found." But he said, "Far be it from me that I should do so! Only the one in whose possession the cup was found shall be my slave; but as for you, go up in peace to your father."

Jer. 6:9-15 - Thus says the LORD of hosts: Glean thoroughly as a vine the remnant of Israel; like a grape-gatherer, pass your hand again over its branches.

To whom shall I speak and give warning, that they may hear? See, their ears are closed, they cannot listen. The word of the LORD is to them an object of scorn; they take no pleasure in it.

But I am full of the wrath of the LORD; I am weary of holding it in. Pour it out on the children in the street, and on the gatherings of young men as well; both husband and wife shall be taken, the old folk and the very aged.

Their houses shall be turned over to others, their fields and wives together; for I will stretch out my hand against the inhabitants of the land, says the LORD.

For from the least to the greatest of them, everyone is greedy for unjust gain; and from prophet to priest, everyone deals falsely.

They have treated the wound of my people carelessly, saying, "Peace, peace," when there is no peace.

They acted shamefully, they committed abomination; yet they were not ashamed, they did not know how to blush. Therefore they shall fall among those who fall; at the time that I punish them, they shall be overthrown, says the LORD.

Romans 8:1-10 - There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the

So the chief cupbearer told his dream to Joseph, and said to him, “In my dream there was a vine before me, and on the vine there were three branches. As soon as it budded, its blossoms came out and the clusters ripened into grapes. Pharaoh’s cup was in my hand; and I took the grapes and pressed them into Pharaoh’s cup, and placed the cup in Pharaoh’s hand.” Then Joseph said to him, “This is its interpretation: the three branches are three days; within three days Pharaoh will lift up your head and restore you to your office; and you shall place Pharaoh’s cup in his hand, just as you used to do when you were his cupbearer. But remember me when it is well with you; please do me the kindness to make mention of me to Pharaoh, and so get me out of this place. For in fact I was stolen out of the land of the Hebrews; and here also I have done nothing that they should have put me into the dungeon.”

When the chief baker saw that the interpretation was favorable, he said to Joseph, “I also had a dream: there were three cake baskets on my head, and in the uppermost basket there were all sorts of baked food for Pharaoh, but the birds were eating it out of the basket on my head.” And Joseph answered, “This is its interpretation: the three baskets are three days; within three days Pharaoh will lift up your head—from you!—and hang you on a pole; and the birds will eat the flesh from you.”

On the third day, which was Pharaoh’s birthday, he made a feast for all his servants, and lifted up the head of the chief cupbearer and the head of the chief baker among his servants. He restored the chief cupbearer to his cupbearing, and he placed the cup in Pharaoh’s hand; but the chief baker he hanged, just as Joseph had interpreted to them. Yet the chief cupbearer did not remember Joseph, but forgot him.

Deut. 10:12-22 - So now, O Israel, what does the LORD your God require of you? Only to fear the LORD your God, to walk in all his ways, to love him, to serve the LORD your God with all your heart and with all your soul, and to keep the commandments of the LORD your God and his decrees that I am commanding you today, for your own well-being. Although heaven and the heaven of heavens belong to the LORD your God, the earth with all that is in it, yet the LORD set his heart in love on your ancestors alone and chose you, their descendants after them, out of all the peoples, as it is today. Circumcise, then, the foreskin of your heart, and do not be stubborn any longer. For the LORD your God is God of gods and Lord of lords, the great God, mighty and awesome, who is not partial and takes no bribe, who executes justice for the orphan and the widow, and who loves the strangers, providing them food and clothing. You shall also love the stranger, for you were strangers in the land of Egypt. You shall fear the LORD your God; him alone you shall worship; to him you shall hold fast, and by his name you shall swear. He is your praise; he is your God, who has done for you these great and awesome things that your own eyes have seen. Your ancestors went down to Egypt seventy persons; and now the LORD your God has made you as numerous as the stars in heaven.

I Corinthians 3:16-23 - Do you not know that you are God’s temple and that God’s Spirit dwells in you? If anyone destroys God’s temple, God will destroy that person. For God’s temple is holy, and you are that temple.

Do not deceive yourselves. If you think that you are wise in this age, you should become fools so that you may become wise. For the wisdom of this world is foolishness with God. For it is written, “He catches the wise in their craftiness,” and again, “The Lord knows the thoughts of the wise, that they are futile.”

any woman has a husband who is an unbeliever, and he consents to live with her, she should not divorce him. For the unbelieving husband is made holy through his wife, and the unbelieving wife is made holy through her husband. Otherwise, your children would be unclean, but as it is, they are holy. But if the unbelieving partner separates, let it be so; in such a case the brother or sister is not bound. It is to peace that God has called you. Wife, for all you know, you might save your husband. Husband, for all you know, you might save your wife.

However that may be, let each of you lead the life that the Lord has assigned, to which God called you. This is my rule in all the churches. Was anyone at the time of his call already circumcised? Let him not seek to remove the marks of circumcision. Was anyone at the time of his call uncircumcised? Let him not seek circumcision. Circumcision is nothing, and uncircumcision is nothing; but obeying the commandments of God is everything. Let each of you remain in the condition in which you were called.

Were you a slave when called? Do not be concerned about it. Even if you can gain your freedom, make use of your present condition now more than ever. For whoever was called in the Lord as a slave is a freed person belonging to the Lord, just as whoever was free when called is a slave of Christ. You were bought with a price; do not become slaves of human masters. In whatever condition you were called, brothers and sisters, there remain with God.

Mark 5:1-20 - They came to the other side of the sea, to the country of the Gerasenes. And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. He lived among the tombs; and no one could restrain him any more, even with a chain; for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. When he saw Jesus from a distance, he ran and bowed down before him; and he shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.” For he had said to him, “Come out of the man, you unclean spirit!” Then Jesus asked him, “What is your name?” He replied, “My name is Legion; for we are many.” He begged him earnestly not to send them out of the country. Now there on the hillside a great herd of swine was feeding; and the unclean spirits begged him, “Send us into the swine; let us enter them.” So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea.

The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. Those who had seen what had happened to the demoniac and to the swine reported it. Then they began to beg Jesus to leave their neighborhood. As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. But Jesus refused, and said to him, “Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.” And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

must have put treasure in your sacks for you; I received your money.” Then he brought Simeon out to them. When the steward had brought the men into Joseph’s house, and given them water, and they had washed their feet, and when he had given their donkeys fodder, they made the present ready for Joseph’s coming at noon, for they had heard that they would dine there.

When Joseph came home, they brought him the present that they had carried into the house, and bowed to the ground before him. He inquired about their welfare, and said, “Is your father well, the old man of whom you spoke? Is he still alive?” They said, “Your servant our father is well; he is still alive.” And they bowed their heads and did obeisance. Then he looked up and saw his brother Benjamin, his mother’s son, and said, “Is this your youngest brother, of whom you spoke to me? God be gracious to you, my son!” With that, Joseph hurried out, because he was overcome with affection for his brother, and he was about to weep. So he went into a private room and wept there. Then he washed his face and came out; and controlling himself he said, “Serve the meal.” They served him by himself, and them by themselves, and the Egyptians who ate with him by themselves, because the Egyptians could not eat with the Hebrews, for that is an abomination to the Egyptians. When they were seated before him, the firstborn according to his birthright and the youngest according to his youth, the men looked at one another in amazement. Portions were taken to them from Joseph’s table, but Benjamin’s portion was five times as much as any of theirs. So they drank and were merry with him.

Jer. 5:20-31 - Declare this in the house of Jacob, proclaim it in Judah: Hear this, O foolish and senseless people, who have eyes, but do not see, who have ears, but do not hear.

Do you not fear me? says the LORD; Do you not tremble before me? I placed the sand as a boundary for the sea, a perpetual barrier that it cannot pass; though the waves toss, they cannot prevail, though they roar, they cannot pass over it.

But this people has a stubborn and rebellious heart; they have turned aside and gone away.

They do not say in their hearts, “Let us fear the LORD our God, who gives the rain in its season, the autumn rain and the spring rain, and keeps for us the weeks appointed for the harvest.”

Your iniquities have turned these away, and your sins have deprived you of good.

For scoundrels are found among my people; they take over the goods of others. Like fowling they set a trap; they catch human beings.

Like a cage full of birds, their houses are full of treachery; therefore they have become great and rich,

they have grown fat and sleek. They know no limits in deeds of wickedness; they do not judge with justice the cause of the orphan, to make it prosper, and they do not defend the rights of the needy.

Shall I not punish them for these things? says the LORD, and shall I not bring retribution on a nation such as this?

An appalling and horrible thing has happened in the land: the prophets prophesy falsely, and the priests rule as the prophets direct; my people love to have it so, but what will you do when the end comes?

I Corinthians 7:10-24 - To the married I give this command—not I but the Lord—that the wife should not separate from her husband (but if she does separate, let her remain unmarried or else be reconciled to her husband), and that the husband should not divorce his wife.

To the rest I say—I and not the Lord—that if any believer has a wife who is an unbeliever, and she consents to live with him, he should not divorce her. And if

So let no one boast about human leaders. For all things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future—all belong to you, and you belong to Christ, and Christ belongs to God.

Mark 2:13-22 - Jesus went out again beside the sea; the whole crowd gathered around him, and he taught them. As he was walking along, he saw Levi son of Alphaeus sitting at the tax booth, and he said to him, “Follow me.” And he got up and followed him.

And as he sat at dinner in Levi’s house, many tax collectors and sinners were also sitting with Jesus and his disciples—for there were many who followed him. When the scribes of the Pharisees saw that he was eating with sinners and tax collectors, they said to his disciples, “Why does he eat with tax collectors and sinners?” When Jesus heard this, he said to them, “Those who are well have no need of a physician, but those who are sick; I have come to call not the righteous but sinners.”

Now John’s disciples and the Pharisees were fasting; and people came and said to him, “Why do John’s disciples and the disciples of the Pharisees fast, but your disciples do not fast?” Jesus said to them, “The wedding guests cannot fast while the bridegroom is with them, can they? As long as they have the bridegroom with them, they cannot fast. The days will come when the bridegroom is taken away from them, and then they will fast on that day.

“No one sews a piece of unshrunk cloth on an old cloak; otherwise, the patch pulls away from it, the new from the old, and a worse tear is made. And no one puts new wine into old wineskins; otherwise, the wine will burst the skins, and the wine is lost, and so are the skins; but one puts new wine into fresh wineskins.”

From the Mirror of Love by Saint Aelred, abbot

Christ, the model of brotherly love

The perfection of brotherly love lies in the love of one’s enemies. We can find no greater inspiration for this than grateful remembrance of the wonderful patience of Christ. He who is *more fair than all the sons of men* offered his fair face to be spat upon by sinful men; he allowed those eyes that rule the universe to be blindfolded by wicked men; he bared his back to the scourges; he submitted that head which strikes terror in principalities and powers to the sharpness of the thorns; he gave himself up to be mocked and reviled, and at the end endured the cross, the nails, the lance, the gall, the vinegar, remaining always gentle, meek and full of peace.

In short, *he was led like a sheep to the slaughter, and like a lamb before the shearers he kept silent, and did not open his mouth.*

Who could listen to that wonderful prayer, so full of warmth, of love, of unshakeable serenity – *Father, forgive them* – and hesitate to embrace his enemies with overflowing love? *Father, he says, forgive them.* Is any gentleness, any love, lacking in this prayer?

Yet he put into it something more. It was not enough to pray for them: he wanted also to make excuses for them. *Father, forgive them, for they do not know what they are doing.* They are great sinners, yes, but they have little judgement; therefore, *Father, forgive them.* They are nailing me to the cross, but they do not know who it is that they are nailing to the cross: *if they had known, they would never have crucified the Lord of glory;* therefore, *Father, forgive them.* They think it is a lawbreaker, an impostor claiming to be God, a seducer of the people. I have hidden my face from them, and they do not recognise my glory; therefore, *Father, forgive them, for they do not know what they are doing.*

If someone wishes to love himself he must not allow himself to be corrupted by indulging his sinful nature. If he wishes to resist the promptings of his sinful nature he must enlarge the whole horizon of his love to contemplate the loving gentleness of the humanity of the Lord. Further, if he wishes to savour the joy of brotherly love with greater perfection and delight, he must extend even to his enemies the embrace of true love.

But if he wishes to prevent this fire of divine love from growing cold because of injuries received, let him keep the eyes of his soul always fixed on the serene patience of his beloved Lord and Saviour.

SATURDAY

Genesis 41:1-13 - After two whole years, Pharaoh dreamed that he was standing by the Nile, and there came up out of the Nile seven sleek and fat cows, and they grazed in the reed grass. Then seven other cows, ugly and thin, came up out of the Nile after them, and stood by the other cows on the bank of the Nile. The ugly and thin cows ate up the seven sleek and fat cows. And Pharaoh awoke. Then he fell asleep and dreamed a second time; seven ears of grain, plump and good, were growing on one stalk. Then seven ears, thin and blighted by the east wind, sprouted after them. The thin ears swallowed up the seven plump and full ears. Pharaoh awoke, and it was a dream. In the morning his spirit was troubled; so he sent and called for all the magicians of Egypt and all its wise men. Pharaoh told them his dreams, but there was no one who could interpret them to Pharaoh.

Then the chief cupbearer said to Pharaoh, "I remember my faults today. Once Pharaoh was angry with his servants, and put me and the chief baker in custody in the house of the captain of the guard. We dreamed on the same night, he and I, each having a dream with its own meaning. A young Hebrew was there with us, a servant of the captain of the guard. When we told him, he interpreted our dreams to us, giving an interpretation to each according to his dream. As he interpreted to us, so it turned out; I was restored to my office, and the baker was hanged."

Deut. II:18-28 - You shall put these words of mine in your heart and soul, and you shall bind them as a sign on your hand, and fix them as an emblem on your forehead. Teach them to your children, talking about them when you are at home and when you are away, when you lie down and when you rise. Write them on the doorposts of your house and on your gates, so that your days and the days of your children may be multiplied in the land that the LORD swore to your ancestors to give them, as long as the heavens are above the earth.

If you will diligently observe this entire commandment that I am commanding you, loving the LORD your God, walking in all his ways, and holding fast to him, then the LORD will drive out all these nations before you, and you will dispossess nations larger and mightier than yourselves. Every place on which you set foot shall be yours; your territory shall extend from the wilderness to the Lebanon and from the River, the river Euphrates, to the Western Sea. No one will be able to stand against you; the LORD your God will put the fear and dread of you on all the land on which you set foot, as he promised you.

See, I am setting before you today a blessing and a curse: the blessing, if you obey the commandments of the LORD your God that I am commanding you today; and the curse, if you do not obey the commandments of the LORD your God, but turn from the way that I am commanding you today, to follow other gods that you have not known.

nothing unjust against their neighbour. For this reason they did not need to be admonished by written rebukes: they had the righteousness of the law in their hearts.

When this righteousness and love for God had passed into oblivion and had been extinguished in Egypt, God had necessarily to reveal himself through his own voice, out of his great love for men. He led the people out of Egypt in power, so that man might once again become God's disciple and follower. He made them afraid as they listened, to warn them not to hold their Creator in contempt.

He fed them with manna, that they might receive spiritual food. In the book of Deuteronomy Moses says: *He fed you with manna, which your fathers did not know, that you might understand that man will not live by bread alone but by every word of God coming from the mouth of God.*

He commanded them to love himself and trained them to practise righteousness toward their neighbour, so that man might not be unrighteous or unworthy of God. Through the Decalogue he prepared man for friendship with himself and for harmony with his neighbour. This was to man's advantage, though God needed nothing from man.

This raised man to glory, for it gave him what he did not have, friendship with God. But it brought no advantage to God, for God did not need man's love. Man did not possess the glory of God, nor could he attain it by any other means than through obedience to God. This is why Moses said to the people: *Choose life, that you may live and your descendants too; love the Lord your God, hear his voice and hold fast to him, for this is life for you and length of days.*

This was the life that the Lord was preparing man to receive when he spoke in person and gave the words of the Decalogue for all alike to hear. These words remain with us as well; they were extended and amplified through his coming in the flesh, but not annulled.

God gave to the people separately through Moses the commandments that enslave: these were precepts suited to their instruction or their condemnation. As Moses said: *The Lord commanded me at that time to teach you precepts of righteousness and of judgement.* The precepts that were given them to enslave and to serve as a warning have been cancelled by the new covenant of freedom. The precepts that belong to man's nature and to freedom and to all alike have been enlarged and broadened.

Through the adoption of sons God had enabled man so generously and bountifully to know him as Father, to love him with his whole heart, and to follow his Word unflinchingly.

SATURDAY

Genesis 43:16-34 - When Joseph saw Benjamin with them, he said to the steward of his house, "Bring the men into the house, and slaughter an animal and make ready, for the men are to dine with me at noon." The man did as Joseph said, and brought the men to Joseph's house. Now the men were afraid because they were brought to Joseph's house, and they said, "It is because of the money, replaced in our sacks the first time, that we have been brought in, so that he may have an opportunity to fall upon us, to make slaves of us and take our donkeys." So they went up to the steward of Joseph's house and spoke with him at the entrance to the house. They said, "Oh, my lord, we came down the first time to buy food; and when we came to the lodging place we opened our sacks, and there was each one's money in the top of his sack, our money in full weight. So we have brought it back with us. Moreover we have brought down with us additional money to buy food. We do not know who put our money in our sacks." He replied, "Rest assured, do not be afraid; your God and the God of your father

O LORD, do your eyes not look for truth? You have struck them, but they felt no anguish; you have consumed them, but they refused to take correction. They have made their faces harder than rock; they have refused to turn back.

Then I said, "These are only the poor, they have no sense; for they do not know the way of the LORD, the law of their God.

Let me go to the rich and speak to them; surely they know the way of the LORD, the law of their God." But they all alike had broken the yoke, they had burst the bonds.

Therefore a lion from the forest shall kill them, a wolf from the desert shall destroy them. A leopard is watching against their cities; everyone who goes out of them shall be torn in pieces— because their transgressions are many, their apostasies are great.

How can I pardon you? Your children have forsaken me, and have sworn by those who are no gods. When I fed them to the full, they committed adultery and trooped to the houses of prostitutes.

They were well-fed lusty stallions, each neighing for his neighbor's wife. Shall I not punish them for these things? says the LORD; and shall I not bring retribution on a nation such as this?

I Corinthians 7:1-9 - Now concerning the matters about which you wrote: "It is well for a man not to touch a woman." But because of cases of sexual immorality, each man should have his own wife and each woman her own husband. The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does; likewise the husband does not have authority over his own body, but the wife does. Do not deprive one another except perhaps by agreement for a set time, to devote yourselves to prayer, and then come together again, so that Satan may not tempt you because of your lack of self-control. This I say by way of concession, not of command. I wish that all were as I myself am. But each has a particular gift from God, one having one kind and another a different kind.

To the unmarried and the widows I say that it is well for them to remain unmarried as I am. But if they are not practicing self-control, they should marry. For it is better to marry than to be aflame with passion.

Mark 4:35-41 - On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

From the treatise Against Heresies by Saint Irenaeus, bishop

The covenant of the Lord

In the book of Deuteronomy Moses says to the people: *The Lord your God made a covenant on Horeb, he made this covenant, not with your fathers but with you.* Why did God not make this covenant with their fathers? Because *the law is not aimed at the righteous.* Their fathers were righteous: they had the power of the Decalogue implanted in their hearts and in their souls. That is, they loved the God who made them and did

I Corinthians 4:1-7 - Think of us in this way, as servants of Christ and stewards of God's mysteries. Moreover, it is required of stewards that they be found trustworthy. But with me it is a very small thing that I should be judged by you or by any human court. I do not even judge myself. I am not aware of anything against myself, but I am not thereby acquitted. It is the Lord who judges me. Therefore do not pronounce judgment before the time, before the Lord comes, who will bring to light the things now hidden in darkness and will disclose the purposes of the heart. Then each one will receive commendation from God.

I have applied all this to Apollos and myself for your benefit, brothers and sisters, so that you may learn through us the meaning of the saying, "Nothing beyond what is written," so that none of you will be puffed up in favor of one against another. For who sees anything different in you? What do you have that you did not receive? And if you received it, why do you boast as if it were not a gift?

Mark 2:23-3:6 - One sabbath he was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

From the pastoral constitution on the Church in the modern world of the Second Vatican Council

Man's deeper questionings

The world of today reveals itself as at once powerful and weak, capable of achieving the best or the worst. There lies open before it the way to freedom or slavery, progress or regression, brotherhood or hatred. In addition, man is becoming aware that it is for himself to give the right direction to forces that he himself has awakened, forces that can be his master or his servant. He therefore puts questions to himself.

The tensions disturbing the world of today are in fact related to a more fundamental tension rooted in the human heart. In man himself many elements are in conflict with each other. On one side, he has experience of his many limitations as a creature. On the other, he knows that there is no limit to his aspirations, and that he is called to a higher kind of life.

Many things compete for his attention, but he is always compelled to make a choice among them. and to renounce some. What is more, in his weakness and sinfulness he often does what he does not want to do, and fails to do what he

would like to do. In consequence, he suffers from a conflict within himself, and this in turn gives rise to so many great tensions in society.

Very many people, infected as they are with a materialistic way of life, cannot see this dramatic state of affairs in all its clarity, or at least are prevented from giving thought to it because of the unhappiness that they themselves experience.

Many think that they can find peace in the different philosophies that are proposed.

Some look for complete and genuine liberation for man from man's efforts alone. They are convinced that the coming kingdom of man on earth will satisfy all the desires of his heart.

There are those who despair of finding any meaning in life: they commend the boldness of those who deny all significance to human existence in itself, and seek to impose a total meaning on it only from within themselves.

But in the face of the way the world is developing today, there is an ever increasing number of people who are asking the most fundamental questions or are seeing them with a keener awareness: What is man? What is the meaning of pain, of evil, of death, which still persist in spite of such great progress? What is the use of those successes, achieved at such a cost? What can man contribute to society, what can he expect from society? What will come after this life on earth?

The Church believes that Christ died and rose for all, and can give man light and strength through his Spirit to fulfil his highest calling; his is the only name under heaven in which men can be saved.

So too the Church believes that the centre and goal of all human history is found in her Lord and Master.

The Church also affirms that underlying all changes there are many things that do not change; they have their ultimate foundation in Christ, who is the same yesterday, today and for ever.

WEEK OF 2 LENT

SUNDAY

Genesis 41:14-45 - Then Pharaoh sent for Joseph, and he was hurriedly brought out of the dungeon. When he had shaved himself and changed his clothes, he came in before Pharaoh. And Pharaoh said to Joseph, "I have had a dream, and there is no one who can interpret it. I have heard it said of you that when you hear a dream you can interpret it." Joseph answered Pharaoh, "It is not I; God will give Pharaoh a favorable answer." Then Pharaoh said to Joseph, "In my dream I was standing on the banks of the Nile; and seven cows, fat and sleek, came up out of the Nile and fed in the reed grass. Then seven other cows came up after them, poor, very ugly, and thin. Never had I seen such ugly ones in all the land of Egypt. The thin and ugly cows ate up the first seven fat cows, but when they had eaten them no one would have known that they had done so, for they were still as ugly as before. Then I awoke. I fell asleep a second time and I saw in my dream seven ears of grain, full and good, growing on one stalk, and seven ears, withered, thin, and blighted by the east wind, sprouting after them; and the thin ears swallowed up the seven good ears. But when I told it to the magicians, there was no one who could explain it to me."

Then Joseph said to Pharaoh, "Pharaoh's dreams are one and the same; God has revealed to Pharaoh what he is about to do. The seven good cows are seven years,

teach you the fear of the Lord. The fear of the Lord has then to be learned because it can be taught. It does not lie in terror, but in something that can be taught. It does not arise from the fearfulness of our nature; it has to be acquired by obedience to the commandments, by holiness of life and by knowledge of the truth.

For us the fear of God consists wholly in love, and perfect love of God brings our fear of him to its perfection. Our love for God is entrusted with its own responsibility: to observe his counsels, to obey his laws, to trust his promises. Let us hear what Scripture says: *And now, Israel, what does the Lord your God ask of you except to fear the Lord your God and walk in his ways and love him and keep his commandments with your whole heart and your whole soul, so that it may be well for you?*

The ways of the Lord are many, though he is himself the way. When he speaks of himself he calls himself the way and shows us the reason why he called himself the way: *No one can come to the Father except through me.*

We must ask for these many ways, we must travel along these many ways, to find the one that is good. That is, we shall find the one way of eternal life through the guidance of many teachers. These ways are found in the law, in the prophets, in the gospels, in the writings of the apostles, in the different good works by which we fulfil the commandments. Blessed are those who walk these ways in the fear of the Lord.

FRIDAY

Genesis 43:1-15 - Now the famine was severe in the land. And when they had eaten up the grain that they had brought from Egypt, their father said to them, "Go again, buy us a little more food." But Judah said to him, "The man solemnly warned us, saying, 'You shall not see my face unless your brother is with you.' If you will send our brother with us, we will go down and buy you food; but if you will not send him, we will not go down, for the man said to us, 'You shall not see my face, unless your brother is with you.'" Israel said, "Why did you treat me so badly as to tell the man that you had another brother?" They replied, "The man questioned us carefully about ourselves and our kindred, saying, 'Is your father still alive? Have you another brother?' What we told him was in answer to these questions. Could we in any way know that he would say, 'Bring your brother down'?" Then Judah said to his father Israel, "Send the boy with me, and let us be on our way, so that we may live and not die—you and we and also our little ones. I myself will be surety for him; you can hold me accountable for him. If I do not bring him back to you and set him before you, then let me bear the blame forever. If we had not delayed, we would now have returned twice."

Then their father Israel said to them, "If it must be so, then do this: take some of the choice fruits of the land in your bags, and carry them down as a present to the man—a little balm and a little honey, gum, resin, pistachio nuts, and almonds. Take double the money with you. Carry back with you the money that was returned in the top of your sacks; perhaps it was an oversight. Take your brother also, and be on your way again to the man; may God Almighty grant you mercy before the man, so that he may send back your other brother and Benjamin. As for me, if I am bereaved of my children, I am bereaved." So the men took the present, and they took double the money with them, as well as Benjamin. Then they went on their way down to Egypt, and stood before Joseph.

Jer. 5:1-9 - Run to and fro through the streets of Jerusalem, look around and take note! Search its squares and see if you can find one person who acts justly and seeks truth— so that I may pardon Jerusalem.

Although they say, "As the LORD lives," yet they swear falsely.

Never! Do you not know that whoever is united to a prostitute becomes one body with her? For it is said, “The two shall be one flesh.” But anyone united to the Lord becomes one spirit with him. Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

Mark 4:21-34 - He said to them, “Is a lamp brought in to be put under the bushel basket, or under the bed, and not on the lampstand? For there is nothing hidden, except to be disclosed; nor is anything secret, except to come to light. Let anyone with ears to hear listen!” And he said to them, “Pay attention to what you hear; the measure you give will be the measure you get, and still more will be given you. For to those who have, more will be given; and from those who have nothing, even what they have will be taken away.”

He also said, “The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come.”

He also said, “With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade.”

With many such parables he spoke the word to them, as they were able to hear it; he did not speak to them except in parables, but he explained everything in private to his disciples.

From a treatise on the psalms by Saint Hilary, bishop

The meaning of “the fear of the Lord”

Blessed are those who fear the Lord, who walk in his ways. Notice that when Scripture speaks of the fear of the Lord it does not leave the phrase in isolation, as if it were a complete summary of faith. No, many things are added to it, or are presupposed by it. From these we may learn its meaning and excellence. In the book of Proverbs Solomon tells us: *If you cry out for wisdom and raise your voice for understanding, if you look for it as for silver and search for it as for treasure, then you will understand the fear of the Lord.* We see here the difficult journey we must undertake before we can arrive at the fear of the Lord.

We must begin by crying out for wisdom. We must hand over to our intellect the duty of making every decision. We must look for wisdom and search for it. Then we must understand the fear of the Lord.

“Fear” is not to be taken in the sense that common usage gives it. Fear in this ordinary sense is the trepidation our weak humanity feels when it is afraid of suffering something it does not want to happen. We are afraid, or made afraid, because of a guilty conscience, the rights of someone more powerful, an attack from one who is stronger, sickness, encountering a wild beast, suffering evil in any form. This kind of fear is not taught: it happens because we are weak. We do not have to learn what we should fear: objects of fear bring their own terror with them.

But of the fear of the Lord this is what is written: *Come, my children, listen to me, I shall*

and the seven good ears are seven years; the dreams are one. The seven lean and ugly cows that came up after them are seven years, as are the seven empty ears blighted by the east wind. They are seven years of famine. It is as I told Pharaoh; God has shown to Pharaoh what he is about to do. There will come seven years of great plenty throughout all the land of Egypt. After them there will arise seven years of famine, and all the plenty will be forgotten in the land of Egypt; the famine will consume the land. The plenty will no longer be known in the land because of the famine that will follow, for it will be very grievous. And the doubling of Pharaoh’s dream means that the thing is fixed by God, and God will shortly bring it about. Now therefore let Pharaoh select a man who is discerning and wise, and set him over the land of Egypt. Let Pharaoh proceed to appoint overseers over the land, and take one-fifth of the produce of the land of Egypt during the seven plentiful years. Let them gather all the food of these good years that are coming, and lay up grain under the authority of Pharaoh for food in the cities, and let them keep it. That food shall be a reserve for the land against the seven years of famine that are to befall the land of Egypt, so that the land may not perish through the famine.”

The proposal pleased Pharaoh and all his servants. Pharaoh said to his servants, “Can we find anyone else like this—one in whom is the spirit of God?” So Pharaoh said to Joseph, “Since God has shown you all this, there is no one so discerning and wise as you. You shall be over my house, and all my people shall order themselves as you command; only with regard to the throne will I be greater than you.” And Pharaoh said to Joseph, “See, I have set you over all the land of Egypt.” Removing his signet ring from his hand, Pharaoh put it on Joseph’s hand; he arrayed him in garments of fine linen, and put a gold chain around his neck. He had him ride in the chariot of his second-in-command; and they cried out in front of him, “Bow the knee!” Thus he set him over all the land of Egypt. Moreover Pharaoh said to Joseph, “I am Pharaoh, and without your consent no one shall lift up hand or foot in all the land of Egypt.” Pharaoh gave Joseph the name Zaphenath-paneah; and he gave him Asenath daughter of Potiphera, priest of On, as his wife. Thus Joseph gained authority over the land of Egypt.

Jer. 1:1-10 - The words of Jeremiah son of Hilkiah, of the priests who were in Anathoth in the land of Benjamin, to whom the word of the LORD came in the days of King Josiah son of Amon of Judah, in the thirteenth year of his reign. It came also in the days of King Jehoiakim son of Josiah of Judah, and until the end of the eleventh year of King Zedekiah son of Josiah of Judah, until the captivity of Jerusalem in the fifth month.

Now the word of the LORD came to me saying, “Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.” Then I said, “Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy.” But the LORD said to me, “Do not say, ‘I am only a boy’; for you shall go to all to whom I send you, and you shall speak whatever I command you, Do not be afraid of them, for I am with you to deliver you, says the LORD.” Then the LORD put out his hand and touched my mouth; and the LORD said to me, “Now I have put my words in your mouth.

See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant.”

Romans 6:3-14 - Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

John 5:19-24 - Jesus said to them, "Very truly, I tell you, the Son can do nothing on his own, but only what he sees the Father doing; for whatever the Father does, the Son does likewise. The Father loves the Son and shows him all that he himself is doing; and he will show him greater works than these, so that you will be astonished. Indeed, just as the Father raises the dead and gives them life, so also the Son gives life to whomever he wishes. The Father judges no one but has given all judgment to the Son, so that all may honor the Son just as they honor the Father. Anyone who does not honor the Son does not honor the Father who sent him. Very truly, I tell you, anyone who hears my word and believes him who sent me has eternal life, and does not come under judgment, but has passed from death to life.

From a sermon by Saint Leo the Great, pope

The Law was given through Moses, grace and truth came through Jesus Christ

The Lord reveals his glory in the presence of chosen witnesses. His body is like that of the rest of mankind, but he makes it shine with such splendour that his face becomes like the sun in glory, and his garments as white as snow.

The great reason for this transfiguration was to remove the scandal of the cross from the hearts of his disciples, and to prevent the humiliation of his voluntary suffering from disturbing the faith of those who had witnessed the surpassing glory that lay concealed.

With no less forethought he was also providing a firm foundation for the hope of holy Church. The whole body of Christ was to understand the kind of transformation that it would receive as his gift. The members of that body were to look forward to a share in that glory which first blazed out in Christ their head.

The Lord had himself spoken of this when he foretold the splendour of his coming: *Then the just will shine like the sun in the kingdom of their Father.* Saint Paul the apostle bore witness to this same truth when he said: *I consider that the sufferings of the present time are not to be compared to the future glory that is to be revealed in us.* In another place he says: *You are dead, and your life is hidden with Christ in God. When Christ, your life, is revealed, then you also will be revealed with him in glory.*

This marvel of the transfiguration contains another lesson for the apostles, to strengthen them and lead them into the fullness of knowledge. Moses and Elijah, the law and the prophets, appeared with the Lord in conversation with him. This was in order to fulfil exactly, through the presence of these five men, the text

THURSDAY

Genesis 42:29-38 - When they came to their father Jacob in the land of Canaan, they told him all that had happened to them, saying, "The man, the lord of the land, spoke harshly to us, and charged us with spying on the land. But we said to him, 'We are honest men, we are not spies. We are twelve brothers, sons of our father; one is no more, and the youngest is now with our father in the land of Canaan.' Then the man, the lord of the land, said to us, 'By this I shall know that you are honest men: leave one of your brothers with me, take grain for the famine of your households, and go your way. Bring your youngest brother to me, and I shall know that you are not spies but honest men. Then I will release your brother to you, and you may trade in the land.'"

As they were emptying their sacks, there in each one's sack was his bag of money. When they and their father saw their bundles of money, they were dismayed. And their father Jacob said to them, "I am the one you have bereaved of children: Joseph is no more, and Simeon is no more, and now you would take Benjamin. All this has happened to me!" Then Reuben said to his father, "You may kill my two sons if I do not bring him back to you. Put him in my hands, and I will bring him back to you." But he said, "My son shall not go down with you, for his brother is dead, and he alone is left. If harm should come to him on the journey that you are to make, you would bring down my gray hairs with sorrow to Sheol."

Jer. 4:9-10,19-28 - On that day, says the LORD, courage shall fail the king and the officials; the priests shall be appalled and the prophets astounded. Then I said, "Ah, Lord GOD, how utterly you have deceived this people and Jerusalem, saying, 'It shall be well with you,' even while the sword is at the throat!"

My anguish, my anguish! I writhe in pain! Oh, the walls of my heart! My heart is beating wildly; I cannot keep silent; for I hear the sound of the trumpet, the alarm of war.

Disaster overtakes disaster, the whole land is laid waste. Suddenly my tents are destroyed, my curtains in a moment.

How long must I see the standard, and hear the sound of the trumpet?

"For my people are foolish, they do not know me; they are stupid children, they have no understanding. They are skilled in doing evil, but do not know how to do good."

I looked on the earth, and lo, it was waste and void; and to the heavens, and they had no light.

I looked on the mountains, and lo, they were quaking, and all the hills moved to and fro.

I looked, and lo, there was no one at all, and all the birds of the air had fled.

I looked, and lo, the fruitful land was a desert, and all its cities were laid in ruins before the LORD, before his fierce anger.

For thus says the LORD: The whole land shall be a desolation; yet I will not make a full end.

Because of this the earth shall mourn, and the heavens above grow black; for I have spoken, I have purposed; I have not relented nor will I turn back.

I Corinthians 6:12-20 - "All things are lawful for me," but not all things are beneficial. "All things are lawful for me," but I will not be dominated by anything. "Food is meant for the stomach and the stomach for food," and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us by his power. Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute?

away the word that is sown in them. And these are the ones sown on rocky ground: when they hear the word, they immediately receive it with joy. But they have no root, and endure only for a while; then, when trouble or persecution arises on account of the word, immediately they fall away. And others are those sown among the thorns: these are the ones who hear the word, but the cares of the world, and the lure of wealth, and the desire for other things come in and choke the word, and it yields nothing. And these are the ones sown on the good soil: they hear the word and accept it and bear fruit, thirty and sixty and a hundredfold.”

From the treatise Against Heresies by Saint Irenaeus, bishop

Israel was learning reverence for God and perseverance in his service

From the beginning God created man out of his own generosity. He chose the patriarchs to give them salvation. He took his people in hand, teaching them, unteachable as they were, to follow him. He gave them prophets, accustoming man to bear his Spirit and to have communion with God on earth. He who stands in need of no one gave communion with himself to those who need him. Like an architect he outlined the plan of salvation to those who sought to please him. By his own hand he gave food in Egypt to those who did not see him. To those who were restless in the desert he gave a law perfectly suited to them. To those who entered the land of prosperity he gave a worthy inheritance. He killed the fatted calf for those who turned to him as Father, and clothed them with the finest garment. In so many ways he was training the human race to take part in the harmonious song of salvation.

For this reason John in the book of Revelation says: *His voice was as the voice of many waters.* The Spirit of God is indeed a multitude of waters, for the Father is rich and great. As the Word passed among all these people he provided help in generous measure for those who were obedient to him, by drawing up a law that was suitable and fitting for every circumstance.

He established a law for the people governing the construction of the tabernacle and the building of the temple, the choice of Levites, the sacrifices, the offerings, the rites of purification and the rest of what belonged to worship.

He himself needs none of these things. He is always filled with all that is good. Even before Moses existed he had within himself every fragrance of all that is pleasing. Yet he sought to teach his people, always ready though they were to return to their idols. Through many acts of indulgence he tried to prepare them for perseverance in his service. He kept calling them to what was primary by means of what was secondary, that is, through foreshadowings to the reality, through things of time to the things of eternity, through things of the flesh to the things of the spirit, through earthly things to the heavenly things. As he said to Moses: *You will fashion all things according to the pattern that you saw on the mountain.*

For forty days Moses was engaged in remembering the words of God, the heavenly patterns, the spiritual images, the foreshadowings of what was to come. Saint Paul says: *They drank from the rock that followed them, and the rock was Christ.* After speaking of the things that are in the law he continues: *All these things happened to them as symbols: they were written to instruct us, on whom the end of the ages has come.*

Through foreshadowings of the future they were learning reverence for God and perseverance in his service. The law was therefore a school of instruction for them, and a prophecy of what was to come.

which says: *Before two or three witnesses every word is ratified.* What word could be more firmly established, more securely based, than the word which is proclaimed by the trumpets of both old and new testaments, sounding in harmony, and by the utterances of ancient prophecy and the teaching of the Gospel, in full agreement with each other?

The writings of the two testaments support each other. The radiance of the transfiguration reveals clearly and unmistakably the one who had been promised by signs foretelling him under the veils of mystery. As Saint John says: *The law was given through Moses, grace and truth came through Jesus Christ.* In him the promise made through the shadows of prophecy stands revealed, along with the full meaning of the precepts of the law. He is the one who teaches the truth of the prophecy through his presence, and makes obedience to the commandments possible through grace.

In the preaching of the holy Gospel all should receive a strengthening of their faith. No one should be ashamed of the cross of Christ, through which the world has been redeemed.

No one should fear to suffer for the sake of justice; no one should lose confidence in the reward that has been promised. The way to rest is through toil, the way to life is through death. Christ has taken on himself the whole weakness of our lowly human nature. If then we are steadfast in our faith in him and in our love for him, we win the victory that he has won, we receive what he has promised.

When it comes to obeying the commandments or enduring adversity, the words uttered by the Father should always echo in our ears: *This is my Son, the beloved, in whom I am well pleased; listen to him.*

MONDAY

Genesis 41:46-57 - Joseph was thirty years old when he entered the service of Pharaoh king of Egypt. And Joseph went out from the presence of Pharaoh, and went through all the land of Egypt. During the seven plenteous years the earth produced abundantly. He gathered up all the food of the seven years when there was plenty in the land of Egypt, and stored up food in the cities; he stored up in every city the food from the fields around it. So Joseph stored up grain in such abundance—like the sand of the sea—that he stopped measuring it; it was beyond measure.

Before the years of famine came, Joseph had two sons, whom Asenath daughter of Potiphera, priest of On, bore to him. Joseph named the firstborn Manasseh, “For,” he said, “God has made me forget all my hardship and all my father’s house.” The second he named Ephraim, “For God has made me fruitful in the land of my misfortunes.”

The seven years of plenty that prevailed in the land of Egypt came to an end; and the seven years of famine began to come, just as Joseph had said. There was famine in every country, but throughout the land of Egypt there was bread. When all the land of Egypt was famished, the people cried to Pharaoh for bread. Pharaoh said to all the Egyptians, “Go to Joseph; what he says to you, do.” And since the famine had spread over all the land, Joseph opened all the storehouses, and sold to the Egyptians, for the famine was severe in the land of Egypt. Moreover, all the world came to Joseph in Egypt to buy grain, because the famine became severe throughout the world.

Jer. 1:11-19 - The word of the LORD came to me, saying, “Jeremiah, what do you see?” And I said, “I see a branch of an almond tree.” Then the LORD said to me, “You have seen well, for I am watching over my word to perform it.” The

word of the LORD came to me a second time, saying, “What do you see?” And I said, “I see a boiling pot, tilted away from the north.”

Then the LORD said to me: Out of the north disaster shall break out on all the inhabitants of the land. For now I am calling all the tribes of the kingdoms of the north, says the LORD; and they shall come and all of them shall set their thrones at the entrance of the gates of Jerusalem, against all its surrounding walls and against all the cities of Judah. And I will utter my judgments against them, for all their wickedness in forsaking me; they have made offerings to other gods, and worshiped the works of their own hands. But you, gird up your loins; stand up and tell them everything that I command you. Do not break down before them, or I will break you before them. And I for my part have made you today a fortified city, an iron pillar, and a bronze wall, against the whole land—against the kings of Judah, its princes, its priests, and the people of the land. They will fight against you; but they shall not prevail against you, for I am with you, says the LORD, to deliver you.

I Corinthians 4:8-21 - Already you have all you want! Already you have become rich! Quite apart from us you have become kings! Indeed, I wish that you had become kings, so that we might be kings with you! For I think that God has exhibited us apostles as last of all, as though sentenced to death, because we have become a spectacle to the world, to angels and to mortals. We are fools for the sake of Christ, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we are hungry and thirsty, we are poorly clothed and beaten and homeless, and we grow weary from the work of our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we speak kindly. We have become like the rubbish of the world, the dregs of all things, to this very day.

I am not writing this to make you ashamed, but to admonish you as my beloved children. For though you might have ten thousand guardians in Christ, you do not have many fathers. Indeed, in Christ Jesus I became your father through the gospel. I appeal to you, then, be imitators of me. For this reason I sent you Timothy, who is my beloved and faithful child in the Lord, to remind you of my ways in Christ Jesus, as I teach them everywhere in every church. But some of you, thinking that I am not coming to you, have become arrogant. But I will come to you soon, if the Lord wills, and I will find out not the talk of these arrogant people but their power. For the kingdom of God depends not on talk but on power. What would you prefer? Am I to come to you with a stick, or with love in a spirit of gentleness?

Mark 3:7-19a - Jesus departed with his disciples to the sea, and a great multitude from Galilee followed him; hearing all that he was doing, they came to him in great numbers from Judea, Jerusalem, Idumea, beyond the Jordan, and the region around Tyre and Sidon. He told his disciples to have a boat ready for him because of the crowd, so that they would not crush him; for he had cured many, so that all who had diseases pressed upon him to touch him. Whenever the unclean spirits saw him, they fell down before him and shouted, “You are the Son of God!” But he sternly ordered them not to make him known.

He went up the mountain and called to him those whom he wanted, and they came to him. And he appointed twelve, whom he also named apostles, to be with him, and to be sent out to proclaim the message, and to have authority to cast out demons. So he appointed the twelve: Simon (to whom he gave the name Peter); James son of Zebedee and John the brother of James (to whom he gave the name Boanerges, that is, Sons of Thunder); and Andrew, and Philip, and

Then the LORD said to me: Faithless Israel has shown herself less guilty than false Judah. Go, and proclaim these words toward the north, and say: Return, faithless Israel, says the LORD. I will not look on you in anger, for I am merciful, says the LORD; I will not be angry forever.

Only acknowledge your guilt, that you have rebelled against the LORD your God, and scattered your favors among strangers under every green tree, and have not obeyed my voice, says the LORD.

Return, O faithless children, says the LORD, for I am your master; I will take you, one from a city and two from a family, and I will bring you to Zion.

I will give you shepherds after my own heart, who will feed you with knowledge and understanding. And when you have multiplied and increased in the land, in those days, says the LORD, they shall no longer say, “The ark of the covenant of the LORD.” It shall not come to mind, or be remembered, or missed; nor shall another one be made. At that time Jerusalem shall be called the throne of the LORD, and all nations shall gather to it, to the presence of the LORD in Jerusalem, and they shall no longer stubbornly follow their own evil will. In those days the house of Judah shall join the house of Israel, and together they shall come from the land of the north to the land that I gave your ancestors for a heritage.

I Corinthians 5:1-8 - It is actually reported that there is sexual immorality among you, and of a kind that is not found even among pagans; for a man is living with his father's wife. And you are arrogant! Should you not rather have mourned, so that he who has done this would have been removed from among you?

For though absent in body, I am present in spirit; and as if present I have already pronounced judgment in the name of the Lord Jesus on the man who has done such a thing. When you are assembled, and my spirit is present with the power of our Lord Jesus, you are to hand this man over to Satan for the destruction of the flesh, so that his spirit may be saved in the day of the Lord.

Your boasting is not a good thing. Do you not know that a little yeast leavens the whole batch of dough? Clean out the old yeast so that you may be a new batch, as you really are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the festival, not with the old yeast, the yeast of malice and evil, but with the unleavened bread of sincerity and truth.

Mark 4:1-20 - Again he began to teach beside the sea. Such a very large crowd gathered around him that he got into a boat on the sea and sat there, while the whole crowd was beside the sea on the land. He began to teach them many things in parables, and in his teaching he said to them: “Listen! A sower went out to sow. And as he sowed, some seed fell on the path, and the birds came and ate it up. Other seed fell on rocky ground, where it did not have much soil, and it sprang up quickly, since it had no depth of soil. And when the sun rose, it was scorched; and since it had no root, it withered away. Other seed fell among thorns, and the thorns grew up and choked it, and it yielded no grain. Other seed fell into good soil and brought forth grain, growing up and increasing and yielding thirty and sixty and a hundredfold.” And he said, “Let anyone with ears to hear listen!”

When he was alone, those who were around him along with the twelve asked him about the parables. And he said to them, “To you has been given the secret of the kingdom of God, but for those outside, everything comes in parables; in order that they may indeed look, but not perceive, and may indeed listen, but not understand; so that they may not turn again and be forgiven.”

And he said to them, “Do you not understand this parable? Then how will you understand all the parables? The sower sows the word. These are the ones on the path where the word is sown: when they hear, Satan immediately comes and takes

prayer, when I call upon you.

Let my prayer rise like incense in your sight; let the raising of my hands be an evening sacrifice.

This is generally understood of Christ, the head, as every Christian acknowledges. When day was fading into evening, the Lord laid down his life on the cross, to take it up again; he did not lose his life against his will. Here, too, we are symbolised. What part of him hung on the cross if not the part he had received from us? How could God the Father ever cast off and abandon his only Son, who is indeed one God with him? Yet Christ, nailing our weakness to the cross (where, as the Apostle says: *Our old nature was nailed to the cross with him*), cried out with the very voice of humanity: *My God, my God, why have you forsaken me?*

The evening sacrifice is then the passion of the Lord, the cross of the Lord, the oblation of the victim that brings salvation, the holocaust acceptable to God. In his resurrection he made this evening sacrifice a morning sacrifice. Prayer offered in holiness from a faithful heart rises like incense from a holy altar. Nothing is more fragrant than the fragrance of the Lord. May all who believe share in this fragrance.

Therefore, *our old nature* in the words of the Apostle, *was nailed to the cross with him, in order, as he says, to destroy our sinful body, so that we may be slaves to sin no longer.*

WEDNESDAY

Genesis 42:18-28 - On the third day Joseph said to them, “Do this and you will live, for I fear God: if you are honest men, let one of your brothers stay here where you are imprisoned. The rest of you shall go and carry grain for the famine of your households, and bring your youngest brother to me. Thus your words will be verified, and you shall not die.” And they agreed to do so. They said to one another, “Alas, we are paying the penalty for what we did to our brother; we saw his anguish when he pleaded with us, but we would not listen. That is why this anguish has come upon us.” Then Reuben answered them, “Did I not tell you not to wrong the boy? But you would not listen. So now there comes a reckoning for his blood.” They did not know that Joseph understood them, since he spoke with them through an interpreter. He turned away from them and wept; then he returned and spoke to them. And he picked out Simeon and had him bound before their eyes. Joseph then gave orders to fill their bags with grain, to return every man’s money to his sack, and to give them provisions for their journey. This was done for them.

They loaded their donkeys with their grain, and departed. When one of them opened his sack to give his donkey fodder at the lodging place, he saw his money at the top of the sack. He said to his brothers, “My money has been put back; here it is in my sack!” At this they lost heart and turned trembling to one another, saying, “What is this that God has done to us?”

Jer. 3:6-18 - The LORD said to me in the days of King Josiah: Have you seen what she did, that faithless one, Israel, how she went up on every high hill and under every green tree, and played the whore there? And I thought, “After she has done all this she will return to me”; but she did not return, and her false sister Judah saw it. She saw that for all the adulteries of that faithless one, Israel, I had sent her away with a decree of divorce; yet her false sister Judah did not fear, but she too went and played the whore. Because she took her whoredom so lightly, she polluted the land, committing adultery with stone and tree. Yet for all this her false sister Judah did not return to me with her whole heart, but only in pretense, says the LORD.

Bartholomew, and Matthew, and Thomas, and James son of Alphaeus, and Thaddaeus, and Simon the Cananaean, and Judas Iscariot, who betrayed him.

From the Catecheses by Saint John Chrysostom, bishop

Christ and Moses

The Israelites witnessed marvels; you also will witness marvels, greater and more splendid than those which accompanied them on their departure from Egypt. You did not see Pharaoh drowned with his armies, but you have seen the devil with his weapons overcome by the waters of baptism. The Israelites passed through the sea; you have passed from death to life. They were delivered from the Egyptians; you have been delivered from the powers of darkness. The Israelites were freed from slavery to a pagan people; you have been freed from the much greater slavery to sin.

Do you need another argument to show that the gifts you have received are greater than theirs? The Israelites could not look on the face of Moses in glory, though he was their fellow servant and kinsman. But you have seen the face of Christ in his glory. Paul cried out: *We see the glory of the Lord with faces unveiled.*

In those days Christ was present to the Israelites as he followed them, but he is present to us in a much deeper sense. The Lord was with them because of the favour he showed to Moses; now he is with us not simply because of your obedience. After Egypt they dwelt in desert places; after your departure you will dwell in heaven. Their great leader and commander was Moses; we have a new Moses, God himself, as our leader and commander.

What distinguished the first Moses? *Moses*, Scripture tells us, *was more gentle than all who dwelt upon the earth.* We can rightly say the same of the new Moses, for there was with him the very Spirit of gentleness, united to him in his inmost being. In those days Moses raised his hands to heaven and brought down manna, the bread of angels; the new Moses raises his hands to heaven and gives us the food of eternal life. Moses struck the rock and brought forth streams of water; Christ touches his table, strikes the spiritual rock of the new covenant and draws forth the living water of the Spirit. This rock is like a fountain in the midst of Christ’s table. so that on all sides the flocks may draw near to this living spring and refresh themselves in the waters of salvation.

Since this fountain, this source of life, this table surrounds us with untold blessings and fills us with the gifts of the Spirit, let us approach it with sincerity of heart and purity of conscience to receive grace and mercy in our time of need. Grace and mercy be yours from the only-begotten Son, our Lord and Saviour Jesus Christ; through him and with him be glory, honour and power to the Father and the life-giving Spirit, now and always and for ever. Amen.

TUESDAY

Genesis 42:1-17 - When Jacob learned that there was grain in Egypt, he said to his sons, “Why do you keep looking at one another? I have heard,” he said, “that there is grain in Egypt; go down and buy grain for us there, that we may live and not die.” So ten of Joseph’s brothers went down to buy grain in Egypt. But Jacob did not send Joseph’s brother Benjamin with his brothers, for he feared that harm might come to him. Thus the sons of Israel were among the other people who came to buy grain, for the famine had reached the land of Canaan.

Now Joseph was governor over the land; it was he who sold to all the people of the land. And Joseph's brothers came and bowed themselves before him with their faces to the ground. When Joseph saw his brothers, he recognized them, but he treated them like strangers and spoke harshly to them. "Where do you come from?" he said. They said, "From the land of Canaan, to buy food." Although Joseph had recognized his brothers, they did not recognize him. Joseph also remembered the dreams that he had dreamed about them. He said to them, "You are spies; you have come to see the nakedness of the land!" They said to him, "No, my lord; your servants have come to buy food. We are all sons of one man; we are honest men; your servants have never been spies." But he said to them, "No, you have come to see the nakedness of the land!" They said, "We, your servants, are twelve brothers, the sons of a certain man in the land of Canaan; the youngest, however, is now with our father, and one is no more." But Joseph said to them, "It is just as I have said to you; you are spies! Here is how you shall be tested: as Pharaoh lives, you shall not leave this place unless your youngest brother comes here! Let one of you go and bring your brother, while the rest of you remain in prison, in order that your words may be tested, whether there is truth in you; or else, as Pharaoh lives, surely you are spies." And he put them all together in prison for three days.

Jer. 2:1-13 - The word of the LORD came to me, saying: Go and proclaim in the hearing of Jerusalem, Thus says the LORD: I remember the devotion of your youth, your love as a bride, how you followed me in the wilderness, in a land not sown.

Israel was holy to the LORD, the first fruits of his harvest. All who ate of it were held guilty; disaster came upon them, says the LORD.

Hear the word of the LORD, O house of Jacob, and all the families of the house of Israel. Thus says the LORD: What wrong did your ancestors find in me that they went far from me, and went after worthless things, and became worthless themselves?

They did not say, "Where is the LORD who brought us up from the land of Egypt, who led us in the wilderness, in a land of deserts and pits, in a land of drought and deep darkness, in a land that no one passes through, where no one lives?"

I brought you into a plentiful land to eat its fruits and its good things. But when you entered you defiled my land, and made my heritage an abomination.

The priests did not say, "Where is the LORD?" Those who handle the law did not know me; the rulers transgressed against me; the prophets prophesied by Baal, and went after things that do not profit.

Therefore once more I accuse you, says the LORD, and I accuse your children's children.

Cross to the coasts of Cyprus and look, send to Kedar and examine with care; see if there has ever been such a thing.

Has a nation changed its gods, even though they are no gods? But my people have changed their glory for something that does not profit.

Be appalled, O heavens, at this, be shocked, be utterly desolate, says the LORD, for my people have committed two evils: they have forsaken me, the fountain of living water, and dug out cisterns for themselves, cracked cisterns that can hold no water.

1 Corinthians 5:1-8 - It is actually reported that there is sexual immorality among you, and of a kind that is not found even among pagans; for a man is living with his father's wife. And you are arrogant! Should you not rather have mourned, so that he who has done this would have been removed from among you?

For though absent in body, I am present in spirit; and as if present I have already pronounced judgment in the name of the Lord Jesus on the man who has done such a thing. When you are assembled, and my spirit is present with the power of our Lord Jesus, you are to hand this man over to Satan for the destruction of the flesh, so that his spirit may be saved in the day of the Lord.

Your boasting is not a good thing. Do you not know that a little yeast leavens the whole batch of dough? Clean out the old yeast so that you may be a new batch, as you really are unleavened. For our paschal lamb, Christ, has been sacrificed. Therefore, let us celebrate the festival, not with the old yeast, the yeast of malice and evil, but with the unleavened bread of sincerity and truth.

Mark 3:19b-35 - Then he went home; and the crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"—for they had said, "He has an unclean spirit."

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

From a commentary on the psalms by Saint Augustine, bishop

The passion of the whole body of Christ

Lord, I have cried to you, hear me. This is a prayer we can all say. This is not my prayer, but that of the whole Christ. Rather, it is said in the name of his body. When Christ was on earth he prayed in his human nature, and prayed to the Father in the name of his body, and when he prayed drops of blood flowed from his whole body. So it is written in the Gospel: *Jesus prayed with earnest prayer, and sweated blood.* What is this blood streaming from his whole body but the martyrdom of the whole Church?

Lord, I have cried to you, hear me; listen to the sound of my prayer, when I call upon you. Did you imagine that crying was over when you said: *I have cried to you?* You have cried out, but do not as yet feel free from care. If anguish is at an end, crying is at an end; but if the Church, the body of Christ, must suffer anguish until the end of time, it must not say only: *I have cried to you, hear me;* it must also say: *Listen to the sound of my*