

Schemes for Praying/Singing the Entire Psalter

<u>Monthly: Morning and Evening</u>			
Day 1 Morning	1-5	Day 1 Evening	6-8
Day 2 Morning	9-11	Day 2 Evening	12-14
Day 3 Morning	15-17	Day 3 Evening	18
Day 4 Morning	19-21	Day 4 Evening	22-23
Day 5 Morning	24-26	Day 5 Evening	27-29
Day 6 Morning	30-31	Day 6 Evening	32-34
Day 7 Morning	35-36	Day 7 Evening	37
Day 8 Morning	38	Day 8 Evening	41-43
Day 9 Morning	44-45	Day 9 Evening	46-49
Day 10 Morning	50-52	Day 10 Evening	53-55
Day 11 Morning	56-58	Day 11 Evening	59-61
Day 12 Morning	62-64	Day 12 Evening	65-67
Day 13 Morning	68	Day 13 Evening	69-70
Day 14 Morning	71-72	Day 14 Evening	73-74
Day 15 Morning	75-77	Day 15 Evening	78
Day 16 Morning	79-81	Day 16 Evening	82-85
Day 17 Morning	86-88	Day 17 Evening	89
Day 18 Morning	90-92	Day 18 Evening	93-94
Day 19 Morning	95-97	Day 19 Evening	98-101
Day 20 Morning	102-103	Day 20 Evening	104
Day 21 Morning	105	Day 21 Evening	106
Day 22 Morning	107	Day 22 Evening	108-109
Day 23 Morning	110-113	Day 23 Evening	114-115
Day 24 Morning	116-118	Day 24 Evening	119:1-32
Day 25 Morning	119:33-72	Day 25 Evening	119:73-104
Day 26 Morning	119:105-144	Day 26 Evening	119:145-end
Day 27 Morning	120-125	Day 27 Evening	126-131
Day 28 Morning	132-135	Day 28 Evening	136-138
Day 29 Morning	139-140	Day 29 Evening	141-143
Day 30 Morning	144-146	Day 30 Evening	147-150

<u>Monthly</u>	
Day 1	1-8
Day 2	9-14
Day 3	15-18
Day 4	19-23
Day 5	24-29
Day 6	30-34
Day 7	35-37
Day 8	38-43
Day 9	44-49
Day 10	50-55
Day 11	56-61
Day 12	62-67
Day 13	68-70
Day 14	71-74
Day 15	75-78
Day 16	79-85
Day 17	86-89
Day 18	90-94
Day 19	95-101
Day 20	102-104
Day 21	105-106
Day 22	107-109
Day 23	110-115
Day 24	116-119:32
Day 25	119:33-119:104
Day 26	119:105-end
Day 27	120-131
Day 28	132-138
Day 29	138-143
Day 30	144-150

<u>Twice-monthly</u>	
Day 1 /16	1-14
Day 2 /17	15-23
Day 3 /18	24-34
Day 4 /19	35-43
Day 5 /20	44-55
Day 6 /21	56-67
Day 7 /22	68-74
Day 8 /23	75-85
Day 9 /24	86-94
Day 10 /25	95-104
Day 11 /26	105-109
Day 12 /27	110-119:32
Day 13 /28	119:33-end
Day 14 /29	120-138
Day 15 /30	139-150

<u>Weekly</u>	
Day 1	1-24
Day 2	25-43
Day 3	44-68
Day 4	69-87
Day 5	87-106
Day 6	107-119
Day 7	120-150